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SEE PAGES 18 & 19



ISSUE 1022 11 - 17 AUGUST 2014



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Thousands sign to save our surgeries

MAYOR WRITES TO HEALTH SECRETARY TO CALL FOR FAIRER GP FUNDING



MILE End window fitter Timothy Ager had no time to call the midwife when partner Tina Yiakanou went into labour. Baby Tim, pictured with big brother Louis, 4, made an appearance before ambulance crews arrived and was brought into the world by his proud dad. See page 5 for the full story.

BY JESSICA ODUBAYO

A PETITION calling on the government to reverse funding arrangements that are threatening many **GP surgeries with closure** risk of closure as a result of new was handed in at 10 Downing Street last week.

directly to the Health Secretary calling for fairer funding of expressing his concerns.

Doctors, patients and community leaders were among a delegation of more than 100

people from the Save Our Surgeries campaign handing over the petition last Wednesday.

Twenty-two GP practices in Tower Hamlets, Hackney and Newham are believed to be at funding arrangements.

Last week Mayor Lutfur Rah-The mayor has also written man wrote to Jeremy Hunt doctors' services, based on deprivation and life expectancy, not age alone.

Continued on page 5

f le in



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Events to remember

The council has organised a series of commemorative events to mark the centenary of World War I.

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Lives lost, families shattered

"We remember those killed in action, or by disease, the bereaved, the lost, the families which were shattered, the maimed, those who held in silence unspeakable memories of warfare."

THE REV ALAN GREEN

WWI remembered

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'It's important to learn the lessons of history'

BY SHALINA HUSSAIN

A MEMORIAL service was held in Bethnal Green Gardens last Monday to commemorate the centenary of the outbreak of World War I.

The Rev Alan Green was joined by Rev Maxwell Hutchinson, Rev Christine Hall, Mushtaq Ahmed from Globe Town Mosque and Cultural Centre, and Leon Silver from East London Central Synagogue.

Mayor Lutfur Rahman and other councillors took part in the service, which was held at the memorial erected by public subscription to remember the men, women and children of the borough who lost their lives during the two World Wars.

rifleman Paul Jacobs, who was awarded the George Medal for bravery while serving in Afghanistan where he was blinded. Paul was only 19 when he served, the age of many



Wreaths are laid at the service in Bethnal Green Gardens

who lost their lives during WWI. He said: "It is important for everyone to learn from the

history of what took place 100 years ago and unite as a community.

as we know it."

Rev Green added: "We have gathered around this memorial today to remember all those from this community who were caught up in the courageous

but tragic events of the First World War

"We remember those who were killed in action, or by disease, the bereaved, the lost, the families which were "The brave actions of those shattered, the wounded, a series of commemorative Special guests included soldiers led to the modern world maimed and injured, those who held in silence unspeakable memories of warfare."

> Mayor Rahman, who laid a wreath with Rifleman Jacobs at the foot of the memorial. said: "With the last survivors of the



Rifleman Paul Jacobs with Mayor Lutfur Rahman

First World War no longer with us, it is all the more important we remember their sacrifice and reflect on the events that so shaped the course of history.

"In Tower Hamlets we have events taking place to ensure residents can learn about the nation's past."

All events are free and no booking is required. For full details visit www.towerhamlets. gov.uk/ideastore



Guests arrive at the ceremony



Religious leaders conduct the service



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Flower power writ large

More than 800,000 ceramic poppies are being placed in the moat of the Tower of London in an installation entitled Blood Swept Lands and Seas of Red by artist Paul Cummins.

We will not forget

"The last survivors of the war may have departed this earth, they will never depart from our memories."

MAYOR LUTUFR RAHMAN

WWI remembered



Cllr Aminur Khan and Mayor Lutfur Rahman with the Rev Trevor Critchlow and ex-serviceman James Page



A single candle burns at the Town Hall last Monday night



Part of the WWI exhibition at St Dunstan's Church, Stepney

Candle tribute at Town 1

BY SHALINA HUSSAIN

THE Town Hall in Poplar was plunged into darkness on August 4 to mark the moment Britain declared war on Germany, 100 years ago.

Place in Clove Crescent, Poplar at 10pm as part of the Royal British Legion's Lights Out campaign which saw landmark buildings, homes, businesses and public buildings Europe; we shall not see them lit again in across the country turn off all their our lifetime."

The switch-off happened at Mulberry lighting and leave a single candle burning.

The event was inspired by the words of wartime foreign secretary Sir Edward Grey, who said: "The lamps are going out all over

Mayor Lutfur Rahman lit a solitary candle in the Town Hall reception and the lights were switched out in many other council buildings including Jack Dash House, Albert Jacob House, Bromley Public Hall and Rushmead One Stop Shop.

Mayor Rahman said: "The lights of the Town Hall were switched off and a single candle lit in honour and remembrance of those who made the ultimate sacrifice during WWI.

"The last survivors of the war may have departed this earth, they will never depart from and All Saints Church, Stepney.

Many residents joined in the campaign in their own acts of remembrance and lights were switched out in landmark buildings across the borough.

Lights were switched off at Tower Bridge and the walkways lit; office lights and ex-

ternal lighting in Bishops Square, Spitalfields was switched off.

Bevis Marks Synagogue in Spitalfields, together with the Board of Deputies of British Jews, held a remembrance ceremony with a candlelit Tisha B'av service at 8.50pm, followed by the Lights Out ceremony.

Barclays headquarters at 1 Churchill Place in Canary Wharf joined the campaign in honour of 645 Barclays staff who gave their lives during the war. ■ Earlier on Monday Mayor Rahman and Whitechapel councillor Aminur Khan visited the WWI exhibition at St Dunstan

He was shown around the exhibition by the rector the Rev Trevor Critchlow and the church's children's and community worker, Sarah Smith.

They also met Dean Brown from the 151 London Transport Regiment and ex-serviceman James Page



Royal visitors cross the Tower's moat of poppies



The Duke and Duchess of Cambridge and Prince Harry. Above: Yeoman Warders

THEIR Royal Highnesses The Duke and Duchess of Cambridge and Prince Harry walked through a sea of ceramic poppies at the Tower of London last Tuesday, August 5, before they each planted a flower.

Historic Royal Palaces, the charity that cares for the Tower of London, is placing over 800,000 ceramic poppies - one for each British and Colonial fatality during the war - into the dry moat this summer.

More than 8,000 volunteers will install the poppies, with the last being planted on Armistice Day, November 11.

The royal visitors were greeted by General the Lord Dannatt, Constable of the Tower of London.



International aid

Mildmay's international wing currently supports over 80,000 people living with HIV in East Africa.

www.mildmay.org/overseas/



Caring for the sick of the slums

Mildmay Hospital was founded in response to the cholera outbreak of 1866, where nurses volunteered to go into some of the East End's worst slums to care for the sick and their dependents.

WWW.MILDMAY.ORG

News

Inside the new Mildmay Hospital, at the heart of the community for 150 years



Visitors get a chance to look around



Flowers in the hospital's chapel



The foyer of the brand new building

integral part of the community for almost 150 years. Initially dedicatic in the East End, the hospital has been at the forefront of HIV services and care since 1988.

Now, after nearly a decade of planning and in response to the growing need for specialised HIV care, Mildmay is due to open a new 26-bed hospital off Hackney Road, Bethnal Green.

As well as expanded day service facilities, there is dedicated space for education and training as well as another space for rehabilitation which combines a range of therapies such as counselling, occupational therapy, physiotherapy, speech and language, music and art therapies and mental health services.

The new hospital, which has been developed on the original site, is also Europe's only centre dedicated to rehabilitation, treatment and care for people with HIV associated brain injury.

The day service room opens on to the garden and is a space for art therapy and music therapy which are useful for stimulating the brain.

The William and Catherine wards where each room has en suite facilities are named after the founders of Mildmay, the Rev William Pennefather and his wife,



New artwork on

MILDMAY Hospital has been an Bethnal Green residents, volunteers and community leaders were among the first to get a glimpse inside a new HIV charitable hospital, before it opens to patients later ed to tackling the cholera epidem- this year. Reporter **Jessica Odubayo** and photographer **Kois Miah** joined them.

Healing through history

(Right) Mildmay supporters tour the new hospital

(Top) Queen Mary visiting Mildmay



There are also two self-contained flats in the hospital, equipped with a washing machine, fridge, kitchen and bathroom. They are aimed at giving patients who are ready to go home an opportunity to live in an independent setting, while being able to access support if they need it.

An occupational therapy room and physiotherapy room will be used for patients with neuro-cognitive problems where they will be given therapy to help perform everyday tasks such as handling a hot drink, going out into the community and using public transport

"Occupational therapy is focused on the individual and patient-led to help them meet their goals," a spokeswoman for the hospital said. "Physio increases confidence and patient safety."

An IT training room will offer patients training or re-training in how to use a computer for online shopping or other services.

The hospital also has a chapel – where there is a book of remembrance - offering support for patients of all faiths or none and

to run, around £800,000 of which is raised calling 7613 6311.

through fundraising activities and events. Volunteers also go into the community to raise awareness about HIV testing, di-

agnosis and treatment. Dr Ross White, Mildmay's chief executive, said: "Increased beds, and greater space for our day services, will help us to meet a growing need and transform even more lives

back to health and independence. This is

such a proud moment in our long history." ■ Mildmay's next preview open day is Tuesday, August 12 from 12-3pm Mildmay costs about £3 million a year and 6-9pm. Confirm your place by



Shocked into silence

"By the time the ambulance crew arrived, I was panicking. I was in shock and couldn't speak. One of the crew jokingly said they had two patients to attend to."

DAD TIMOTHY (PICTURED WITH PARTNER TINA AND BABY TIM)

It's heartbreaking

"It breaks my heart to think that our patients are at very real risk of losing their GP practice."

DR NAOMI BEER

News

Dad delivers as a stand-in midwife

Tiny Tim's dramatic arrival takes parents by surprise

BY JESSICA ODUBAYO

TINA Yiakanou was in labour for 38 hours when she had her first child, Louis, four years ago.

So, when the Mile End mum was due to give birth for a second time, she guessed she would have plenty of time to call a cab and get to hospital.

But the baby had other ideas -and dad Timothy Ager had to deliver him at home, before the ambulance crew arrived last Saturday, August 2.

Tina, 35, explained: "I started getting pains on Saturday morning.

"A friend collected Louis to take him to a birthday party at about 1.45pm. After he left home, the pain was getting stronger. I told Tim to call a cab to take me to the Royal London."

Timothy, 41, chipped in: "I was on the phone when I heard Tina scream. I decided to call an ambulance instead

"I was in the middle of giving my address to the operator when the screams got louder.

"I looked around and saw the baby's head popping out. The operator told me to lay Tina down and get some attend to. towels. They talked me through delivering the baby. I smacked the baby to make him cry, was told to check the cord and I put him on Tina's chest."

Timothy added: "The baby was born at about 2pm – it all happened so quickly.



Louis, four, cradles new baby brother Tim

"One of the crew jokingly said they had two patients to

"They checked the baby over and weighed him. Everything was fine and we didn't even need to go to hospital. I am so proud of Tina."

When Louis returned home from the birthday party, he found his new baby brother -

"By the time the ambulance named Tim – had arrived. "He crew arrived, I was panicking. I has been brilliant with the was in shock and couldn't speak. baby and kisses him a lot," said Timothy.

> Baby Tim's grandparents have also visited the new arrival. Rose Ager told East End Life that she had been on a Mediterranean cruise and when she phoned her son to let him know that she was on her way home from holiday, she was mystified when he said: "Can't talk now, I'm having a baby."

Man charged over election papers

A MILE End man is due to appear at Thames Magistrates' Court on Thursday, August 21, charged with providing a false statement in election nomination papers.

Jewel Islam, 38, of Southern Grove, E3 faces charges under the Representation of the People Act 1983.

Patients will lose out

Continued from page 1

Writing in his capacity as chair of Tower Hamlets Health & Wellbeing Board, the mayor asked the government to reconsider changes made to the minimum practice income guarantee to take life expectancy into account in the calculations.

He also called for further reductions in the guarantee to be delayed until the position has been fully reviewed.

Currently funding is allocated using a method which is in large part related to age, with a weighting for older adults.

There is no consideration of life expectancy and the levels of deprivation within an area like Tower Hamlets, which has high levels of poverty and morbidity.

"The consequences for local services in Tower Hamlets of



the current funding arrangements cannot be overstated," Mayor Rahman wrote.

The Save our Surgeries campaigners say the new funding plans could force the closure of 98 surgeries across the country.

Dr Naomi Beer, GP at the Jubilee Street Practice in Stepney, which may lose Practice Whitechapel.

almost £1 million over the next seven years, said: "Our patients often tell us how much they appreciate the high quality, accessible service that Jubilee Street provides.

"We've already taken pay cuts to keep going, but we can't absorb such a huge loss.

"It breaks my heart to think that our patients, some of them amongst the poorest in the country, are at very real risk of losing their GP practice."

Among the delegation at Downing Street last week were the borough's two MPS, Tower Hamlets Labour group leader Cllr Rachael Saunders, patient representative Myra Garrett, Virginia Patania, manager at the Jubilee Practice in Stepney and GP Dr Spyridon Symniakou, from the Albion



News in Brief

£2,300 raised in Gaza collection

A COLLECTION by Town Hall trade union Unison raised £2,300 for Medical Aid for Palestinians.

The charity, which is supported by many unions in the UK, delivers health and medical care to those affected by the current conflict in Gaza.

Union activists collected money from colleagues at the Town Hall in Mulberry Place and Albert Jacob House in Bethnal Green.

Assistant branch secretary Kerie Anne said: "I'd like to thank staff for their generosity.

"We hope the money will make some difference to Palestinians injured in the conflict." For more details, visit

www.map-uk.org

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Contact the mayor

To contact the mayor, call his office on 7364 4993 or email him at mayor@towerhamlets.gov.uk

www.towerhamlets.gov.uk/mayor



Busy summer in the borough's parks

There are loads of activities on offer in the borough's parks this summer organised by the council to help keep youngsters busy. For more information visit www.towerhamlets.gov.uk/parks

SEE OUR FEATURE ON PAGES 18 & 19

News

Debt to WWI fallen

EARLY diagnosis of cancer can be crucial. So it is good news that a campaign to raise awareness in east London resulted in more people diagnosed early and getting lifesaving treatment.

The 'small c' campaign contributed to a fall in the number of women with late stage breast cancer in Tower Hamlets. Local the world. Councillors at the full community organisations deserve thanks for helping raise

I experienced a poignant moment last Monday when I lit a single candle in the Town Hall in Mulberry Place in memory of those who made the ultimate less suffering. sacrifice during the Great War. The whole country, including ative scheme in Tower Hamlets buildings in the borough, switched off lights to remember the moment 100 years ago when Britain declared war on activities such as barbecues, Germany.

We owe those who gave their lives during World War I a great debt. Earlier I attended a memorial service in Bethnal Green I joined rifleman Paul Jacobs, awarded the George Medal for bravery in Afghanistan, to lay a wreath at the war memorial to remember the sacrifices of earlier generations.

The escalation in violence and killing in Gaza has shocked



LUTFUR MAYOR OF TOWER HAMLETS

council meeting on July 30 voted to call for a swift diplomatic solution and an end to the conflict. The cost in civilian casualties has been tragic. As mayor, I am glad that together we took a stand against need-

We are launching an innovthis summer to build community cohesion and tackle crime. It involves free family events and dance classes and graffiti projects during the holidays.

Finally, if you are looking for family activities during the holidays, the council has a great affordable summer programme.

Mile End Park Leisure Centre offers fun for all ages, including Kids for a Quid swimming and a holiday club aimed at five- to 16-year-olds. Why not try out what is on offer in your area?

Mayor Lutfur Rahman

TWO young people have landed exciting new apprenticeships, thanks to the council's partnership agreement with the construction developer Guildmore.

Jerome Bertram, 19, and Sade Hall, 20, both from Tower Hamlets, are enrolled on business and administration apprenticeships, while working at Guildmore's site office in Poplar. Seven apprenticeships will be offered to young people in the borough over the two years it will take to see the Poplar Baths and Dame Colet developments completed. Jerome said: "As I had zero experience within an office, I felt that this apprenticeship would not only enhance my skills within an officebased environment, but it would also give me an insight within the management side of construction." Sade said: "My apprenticeship provides a good learning opportunity while being able to earn a decent wage. It can pave a bright pathway for anyone, skilled or unskilled as I was, who is ambitious, coachable, eager to learn,



Jerome Bertram

and willing to undertake the necessary training to progress in their desired career. That being said though, this scheme is not for the faint-hearted." Deputy Mayor and cabinet member for economic development Cllr Oliur Rahman said: "Apprenticeships provide invaluable experience, which can open



Sade Hall

employment doors." Roma Muccio, project co-ordinator for Guildmore, said Jerome and Sade were being enrolled on to NVQ level 2 business administration college courses. To apply for an apprenticeship, call Skillsmatch on 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Free fun events in the park or swim for a quid

BY SHALINA HUSSAIN

THE long summer break need not be a headache for parents as the council has put together a programme of fun activities for the whole family to enjoy for under a tenner.

There are plenty of things you can do to keep the children healthy and happy that won't break the bank.

With a mix of sporting activities, fun pastimes and the opportunity to make new friends, there's no better place to entertain children than Mile End Park Leisure Centre in Burdett Road.

The centre offers activities for all age groups and those with special needs, including **Kids for** a Quid swimming sessions.

The leisure centre, run by Better with the council, hosts a holiday club for five- to

days from 8.30am-5.30pm and centres. All centres in the boroffering football, swimming, gymnastics and athletics.

Cllr Shafiqul Haque, cabinet member for culture, said: "Don't forget we also have an excellent range of free events taking place in our parks and Idea Stores. Why not take advantage of the good weather and spend an afternoon in one of 14-plus every Monday from our parks?'

Children aged five to 16 can swim for £1 at Mile End, Tiller,

ough will be offering junior fitness sessions for ages 11-16.

Whitechapel Sports Centre will be offering basketball sessions for girls aged 14-plus every Wednesday from 6pm for only £1.15.

At Tiller Leisure Centre there will be **Pilates classes** for ages 10am for £1.15.

Zahra Mirza, community sports officer for Better in Tow-



kids entertained during the summer is easy if you know where to look and we offer a number of different activities to suit everyone's needs."

For more information, or to sign up to any of the summer holiday activities listed above, visit your local leisure centre or log on to www.better.org.uk











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16-year-olds, running on week- St George's and York Hall leisure er Hamlets, said: "Keeping the



Kids star in Numskulls in Bow

Cornucopia Theatre Company has run a number of workshops leading to outdoor productions of plays including Macbeth and Romeo & Juliet at the Glamis Adventure playground in Shadwell.

WWW.CORNUCOPIATHEATRE.CO.UK

Eviction is last resort

"Our aim is not to evict if we can get people to accept the impact of their anti-social behaviour on neighbours."

JAMIE LOCK, POPLAR HARCA

News



Workshop participants were given an insight into the working world of fashion - from collating research and drafting technical drawings, to pattern cutting and constructing a garment from scratch. At the end of the workshops the teenagers presented their designs to a panel of industry experts and 23 finalists were selected for the next stage of the project at London Fashion Week in September.

'Take daily aspirin and don't smoke'

TAKING a daily dose of aspirin is one the most important things people between the ages of 50 and 65 can do to reduce cancer, according to scientists at Queen Mary, University of London (QMUL) in Mile End.

Researchers, led by Professor Jack Cuzick, head of QMUL's centre for cancer prevention, found that taking aspirin for ten years could cut bowel cancer cases by around 35 per cent and deaths by 40 per cent. Rates of oesophageal and stomach cancers were cut by 30 per cent and deaths from these cancers by 35 to 50 per cent.

Prof Cuzick commented: "It has long been known that aspirin - one of the cheapest and most common drugs on the market – can protect against certain types of cancer. But

whether the pros of taking aspirin outweighed the cons.

"While there are some serious side effects that can't be ignored, taking aspirin daily looks to be the most important thing we can do to reduce cancer after stopping smoking and reducing obesity, and will probably be much easier to implement."

The research however warns that taking aspirin long-term increases the risk of bleeding from the digestive tract, which could be life-threatening in a very small proportion (less than five per cent) of people.

Another side effect of aspirin

BY JESSICA ODUBAYO until our study, it was unclear use is peptic ulcer, the risk of which is increased by 30 to 60 per cent.

> The scientists reviewed evidence from all available studies and clinical trials, assessing both the benefits and harms of preventive use of aspirin, before reaching their conclusion, which was published last week in a leading cancer journal.

> The study also uncovers uncertainty over the most appropriate dose of aspirin required to maximise the benefit-toharm ratio and is also not clear whether taking aspirin for longer than ten years would result in greater benefits.

Court backs Harca order

HOUSING association, Poplar Harca has obtained possession orders for two properties where cannabis factories were found.

In granting the orders, the court heard evidence gathered by the housing association's specialist anti-social behaviour (ASB) and police teams, and watched CCTV footage of the residents going into the blocks with drug equipment.

In both cases, Poplar Harca has referred the residents to drug support programmes and will not enforce the possession orders unless the tenants fall hack into anti-social hehaviour

Police Sergeant Wayne Collett added: "This is a great result made possible through working together towards a shared aim."



YOUNGSTERS have been taking a trip back to the 1940s to perform stories from their grandparents' age in Victoria Park and other green spaces in the Bow area. And this week sees the results of their hard work - with a performance of their play, Numskulls in Bow, which also brings the Numskulls comic strip characters to life. Eight- to 18-year-olds are taking part in workshops run by Cornucopia Theatre last week and this week. And the play will be performed at St Stephen's Green, St Stephen's Road, Bow on Thursday, August 14 at 3pm. (Above) Bernadine, Alice, Savannah and Charlie as grumpy oldies in rehearsal.





For your information

Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 14 & 15



Saying goodbye to the London Chest

"I invite local people, our patients and staff to say a fond farewell to our London Chest, as we look forward together to the many more advancements in heart care to come."

HOSPITAL DIRECTOR SANDRA SHANNON, BELOW

Useful information

Help to shape your services

News from Barts Health NHS Trust

WE are calling on local people to tell us whether your health services could be improved.

The programme, Transforming Services, Changing Lives, LOCAL people are invited to a aims to develop health services across east London, in primary care (such as GPs) and within our hospitals.

Local commissioners, in collaboration with Barts Health. have brought together healthcare professionals and patient representatives from across organisations to share their expertise and knowledge on how we ensure safe. effective and sustainable services. We now need you to tell us if we have got it right.

Public meetings are being held to give you the opportunity to let us know what you think works well, and what you would like to see from your health services. Some will focus on specific issues that may interest you, such as long-term conditions and children and young people's services, among others.

Associate medical director at Barts Health NHS Trust and clinical lead for TSCL Mike Gill explained: "Healthcare experts from across east London have been working together to share their expertise and think about the opportunities for developing our services.

"When considering improvements to local services we would still expect emergency care to continue at the Royal London, Homerton, Whipps Cross and Newham hospitals; and that women will continue to choose to have their babies at all four hospitals, birthing centres and at home.

"We have developed an interim report, now we need to hear what you think to make sure we're on the right track and give everyone their say."

To attend a public meeting, email TSCL@nelcsu.nhs.uk or call 3688 1678.

View and comment on the interim report at www.trans formingservices.org.uk

Celebrate the **London Chest** Hospital

special event to celebrate the proud history of the London Chest Hospital as it prepares to start a new chapter in its 166year history with its forthcoming move to the new Barts Heart Centre at St Bartholomew's Hospital.

The event will be held on Saturday, September 6, from 2pm until late, in the grounds of the hospital in Bonner Road, Bethnal Green.

Tickets cost £5 per adult and under-16s enter free. For tickets, call 8983 2345 or 8985 2457.

There will be face painting, a bouncy castle, a children's entertainer, a steel band and a barbecue. In the evening, there will be a buffet, bar and DJ.

Founded in 1848 with support from Prince Albert, the hospital became world-renowned for the treatment of diseases of the heart and lungs.

In later years, staff were at the forefront of the development of coronary artery bypass surgery and are now leading the way in researching if a patient's own stem cells can treat heart disease.

London Chest Hospital director Sandra Shannon explained: "The London Chest has provided us with over a century of safe, innovative health care. Unfortunately, time has also taken its toll on our hospital, and it is fair to say that the cracks are showing.

"The new centre, with its cutting edge facilities, will enable our teams to carry out more innovative and life-saving procedures than ever before.

"I invite local people, our patients and staff to say a fond farewell to our London Chest, as we look forward together to the many more advancements in heart care to come."

Chemist rota

Pharmacists in Towe Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.3opm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

Bengali speakers, home visits to

12.30pm, Island House, Roserton

Street, E14. Thurs, 1-3pm, Splash,

Will Crooks Estate, Poplar High

house-bound. Weds, 10.30am-

9am-6pm, Sun 12pm-6pm. Britannia (Perimart). Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice **Support Group**

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents find hildcare, advice on tax credits and childcare vouchers Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice Benefits, housing, immigration.

Skillsmatch

Street, E14.

7987 9379

Free advice on all aspects of employment including training, apprenticeships and job vacancies.

Canary Wharf Recruitment & Training Centre, 55 Upper Bank

7364 3727 or email skillsmatch @towerhamlets.gov.uk

Page no.

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Families with Autism

Spark Centre, Smart Street, E2. fwautism@btinternet.com

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

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Issue no.

Careers advice Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2.



Don't use unregistered waste carriers

Firms are also required by law to take all reasonable steps to keep waste safe. If it is given to an unregistered carrier, they may be illegally fly-tipping the waste and you could be fined. New park opening

The new 'pocket park' near Oxford House includes a cycle trail, edible herb containers and green roof shelters.

Cleaner, safer, greener news

Happy home for honey bee

A HONEY bee shelter and a sparrow home designed by year 5 students were among prize winners at this year's Architecture in Schools primary programme.

Students from Harbinger Primary School, Isle of Dogs received the environmentally friendly design award for their honey bee shelter made from reused rope, inspired by the rope factory once on the Isle of Dogs.

And pupils from Smithy Street School, Stepney won the imaginative design award for their sparrow home that aims to help increase the declining population by providing the birds with spaces to nest and perch, as well as protection from the playground's flying footballs.



THE council has been granted an additional £250,000 by the government to tackle potholes. Officers will be conducting a fasttrack inspection of all roads in the borough over the coming months to identify and repair damage. A major pothole repair has already



complaints from cyclists. Cllr Shahed Ali, cabinet member for clean and green, said: "Last winter's wet weather caused damage to the borough's roads. The council is using the DfT funding to enhance the work being done to make roads safer for cyclists,



motorists and pedestrians." People can report pothole issues via the Find It, Fix it, Love it app or call 7364 5004. Download the app for free at the Apple App Store or via Google Play, search for FiFiLi. (Pictured above) Cllr Ali helps repair a pothole in Ackroyd Drive.

From fly-tip to pocket park

RESIDENTS are being invited to the opening of a new 'pocket park' in Derbyshire Street, Bethnal Green on Friday, August 15 at 3pm.

The new community space has been created from a dead end section of public highway behind Oxford House, which was prone to fly tipping and anti-social behaviour

The park incorporates the latest sustainable urban drainage systems, meaning that rainwater will go into the green areas of the park.

It also has a new cycle path through it and the council's cycling team will be on hand to give safety advice. Other features are edible herb containers, green roof shelters and an area for potential outdoor seating.

Firms risk fine for dumping waste

BY SARAH MCLAUGHLIN

BUSINESSES are being reminded they need to have an authorised commercial waste arrangement in place to deal with their rubbish and recycling.

Waste generated by any form of business, such as shop, restaurant, hotel, office or building waste, is categorised as commercial waste.

All businesses in Tower Hamlets have a legal duty to dispose of their waste properly and businesses should arrange for their waste and recycling collections to be undertaken by registered commercial waste contractors. Commercial waste collection is not included in business rates

The council offers a commercial waste service through its contractor Veolia Environmental Services. Prices are competitive with other business waste collection providers in the area.

mixed recyclables including mixed paper, glass bottles and jars, cardboard, plastic bottles and empty aerosols.

Commercial waste is collected as frequently as the business requires, and the service is charged 'by the container'.

Businesses must always make sure that a copy of the commercial waste contract and duty of care agreement is on the business premises as proof and all employees know where it can be found. The fixed penalty for not having valid documentation for commercial waste is £300.

Firms are also required by law to take all reasonable steps to keep waste safe. If it is given to an unregistered carrier, they may be illegally fly-tipping the waste and you could be fined as the responsibility falls with the business as the producer.

If you break this law, you trade@veolia.co.uk

The service also includes a can be fined an unlimited separate collection system for amount, as waste collection and disposal is a highly regulated industry.

been completed on Wick

Lane bridge over the A12,

persistent water seepage

problem. The remainder of

Department for Transport

resurface more of Vallance

Road, where there have been

where there had been a

the money from the

(DfT) will be used to

Mayor Lutfur Rahman said: "Keeping the borough clean and tidy is everyone's responsibility and businesses play an important part with their commercial waste management."

Cllr Shahed Ali, cabinet member for clean and green, said: "Businesses have a duty to make sure that they have a commercial waste arrangement in place. The council works hard with local businesses to ensure that they meet legal requirements and provide a cost effective commercial waste service in the borough."

To find out more about commercial waste and recycling services, for quotes or to arrange a collection contact the commercial waste sales team at Veolia on 7510 0010 or email towerhamlets

Calling all City workers!

Do you work in the City of London but live in another area? You can use City Advice: the free City of London advice service. Offering confidential, expert advice on topics including:

Debt advice Legal issues

Family worries

Work problems Consumer rights

Health information



City Advice is your route to quick, free, confidential advice. Visit www.toynbeehall.org.uk/cityadvice or call our advice line on 0207 392 2919







Living history

Beefeaters combine their traditional ceremonial role with a love of history to bring the past to life for visitors.



Supporting creative talent

The Barbican is running learning sessions at the Fish Island Labs for young, emerging and mid-career artists. These include workshops for young people aged 14-21, and social events.

www.barbican.org.uk/fishisland

News

News in brief



New beef at Tower

A NEW recruit has become a Yeoman Warder - more commonly known as a Beefeater at the Tower of London.

John Donald, who takes up the post after 23 years of service in the army, said: "I am so proud to be part of this great tradition and the long history of our nation.

"I'm looking forward to learning more about the history of the Tower and standing up on the block for the first time to give the Yeoman Warder tour."

The new Beefeater, who has moved to London from Dorset, added: "It's my first time living | shops is also being developed.

in London and I am enjoying the diversity of the city and all the entertainment that London has

St Paul's roof grant

SURVEY work has begun in advance of structural and roof repairs at St Paul's Church, Bow Common after the church received initial funding from the Heritage Lottery Fund (HLF).

£32,800 has been awarded to help the church council progress plans to apply for a full grant at a later date, with the main works planned for 2015.

The project aims to repair and stabilise the church's lantern roof, and to repair other roofs and downpipes.

There are also plans to make more information available about the heritage of the church through website improvements, booklets and audio guides. A programme of talks and work-



PUPILS in year 6 at Bigland Green School marked the end of their time at primary school with an awards ceremony. Head teacher Dr Abdul-Hayee Murshad said pupils at the school achieve above the national average, despite challenges: "This is a credit to their determined nature, the outstanding support of their families, and the hard work of staff at school."



Come and hear:

Community feedback from Healthwatch

Come and tell us:

- our experience of health and social care services
- what you think needs improving
- · what you think Healthwatch should be doing

· what you can do to help Free health checks

Face painting

Children's play area & crèche Food & refreshments

Event Details

Date: Thursday 14th August 2014 Time: 11.00 - 3.30pm Venue: Brady Centre

192-196 Hanbury St. London E15HU



For more information on the Healthwatch Tower Hamlets community event please call on **020 8223 8922 / 0800 145 5343** (free phone) or

email on: info@healthwatchtowerhamlets.co.uk | www.healthwatchtowerhamlets.co.uk

Prince praises tech-art centre

BY JESSICA ODUBAYO

PRINCE Andrew, the Duke of York, praised a new generation of creative minds when he officially opened a centre for arts and technology in Bow.

Fish Island Labs is the UK's first dedicated facility for creative people whose work spans technology and the arts.

It has been developed as a partnership between the Barbican and work space designers The Trampery.

The duke met and chatted with artists, as well as Charles Armstrong, director of The Trampery, and John Tomlinson, chairman of the Barbican.

"The opening of Fish Island Labs is a recognition that a new generation of innovators is emerging who cannot be compartmentalised in the usual way," he said.



Prince Andrew with Sidd Khajuria, digital content producer for the Barbican and Charles Armstrong, director of The Trampery viewing work by Tom McDonagh, who produces and performs 3D shadow theatre

Island Labs have astonished me with the work they're developing."

Mr Tomlinson said: "The Barbican is really interested in the places where art and technology intersect. Fish Island Labs is about unleashing "The artists I've met at Fish the creative potential of practi-

tioners working in this area."

Over a period of ten months, artists at Fish Island Labs will develop new work, from sculpture, installations and physical performance to coding, film editing and digital art.

Follow the latest on Twitter @fishislandlabs



A creative outlet

Expressions with Art offers free weekly art sessions for people experiencing mental health issues, to help combat social isolation and provide a creative outlet. For details, call...

Good to be green

"Sustainability has a rightful place in fulfilling NHS priorities of providing value for money and high quality."

FIONA DALY, BARTS HEALTH

Health news

Hostel's women join artist to create mural

BY JESSICA ODUBAYO

AN artist, who used his experience of mental health to turn a difficult period in his life into something positive to benefit others, has unveiled a mural at a women's hostel.

The Salvation Army commissioned Phillip Singh to create the mural at its Hopetown Women's Hostel in Spitalfields.

The artwork involved participants from the creative group Expressions with Art, which Phillip runs, and women living in the hostel.

Phillip said: "I have dyslexia so have struggled most of my life to express ideas and feelings in the way most of the world wants me to.

However, I have never had any problems conceptualising things as pictures."

Residents at the hostel said



Phillip Singh



The mural at Hopetown hostel

they enjoyed being involved grant from NHS East London in developing the wall painting and watching it come together.

Now, Phillip hopes to secure more commissions to keep the Manchester Road, Isle of Dogs. momentum going and see the group evolve into a supportive social network for participants.

free weekly art sessions for blank wall. people experiencing mental health issues, to help combat social isolation and provide a creative outlet.

The scheme receives a small 07956 391913.

and the City.

The sessions takes place every Wednesday at 6.30pm at the Parish of Christ and St John,

Phillip and his team can also facilitate art workshops for groups interested in developing Expressions with Art offers their skills or transforming a

> To contact him about producing a mural or running a workshop, email expressions withart@yahoo.co.uk or call

Ultraviolet lights up war on bugs

THE Royal London in radiation can cause means an Whitechapel has become the first hospital in the UK to use ultraviolet radiation to reduce harmful bacteria and viruses.

It is involved in a six-week pilot to find out if ultraviolet radiation can improve infection control for bugs including C.diff and MRSA.

The Royal London's health cleaning team is using technology that has never been used in a UK hospital before. It involves using a special device to clean rooms after patients have gone home, eliminating hard-to-kill robust systems already in bacteria and viruses that can linger in a room, even after it has been cleaned.

The harm that exposure to

area to be cleaned must be unoccupied.

Staff control the device using a remote control from outside of the room.

Once activated, ultraviolet light is released by the device and absorbed by any microorganisms in bacteria or virus present, causing its DNA to fuse and the infection to become harmless.

Manuel Victoriano, service manager for cleaning at the Royal London, said: "Using this innovative device alongside our place across the trust will help us to continue to ensure our patients receive safe and high quality care."

Health trust wins two environmental awards

BARTS Health has won two major awards for sustainability.

The health trust came first in the water management category of the 2degrees Champions Awards after saving more than 480 million litres of water, 391 tonnes of carbon dioxide and over £960,000 in avoided costs.

And it also won the category for energy and carbon management for an energy-efficiency drive that is saving about £10,000 a month as well as cutting carbon dioxide emissions.

The health trust was commended in the waste and resource management category.

Fiona Daly, environmental manager at Barts Health, said: "I am delighted that our efforts have been recognised as not only improving the efficiency of our services but also being successful in driving money saved directly back into patient care.

"These achievements are incredibly exciting and prove that sustainability has a rightful place in fulfilling NHS priorities of providing value for money and high quality."

2degrees encourages corporations to cut costs and achieve growth by helping them transform outdated practices to become more sustaibable.



When: 18-22 August, 11am-4pm Where: Spotlight Centre, 30 Hay Currie Street, E14 6GN

(next to Langdon Park station) Lunch will be provided!

- Find out about work experience opportunities that interest you
- Boost your confidence and
- Get interview practice for uni, apprenticeships, and jobs

For more information text or Whatsapp FAST EAST and your name to 07917 644 433, call 0208 709 4814 or email hello@uprising.org.uk

'An amazing experience' - Fastlaners participant, April 2014

facebook.com/fastlanersuk | uprising.org.uk/fastlaners UpRising Charity No. 1149905 | Company No. 8252639 | Registered office address: 18 Victoria Park Square, Bethnal Green, London E2 9PF

What the doctor ordered

"All of Starlight's activities are aimed at distracting children from the pain and anxiety that they might be feeling."

NEIL SWAN, CHIEF EXECUTIVE



50,000 new cases every year

Breast cancer is the most common cancer in the UK and accounts for nearly one in three of all cancers in women. In the UK, around 50,000 new cases of breast cancer are diagnosed each year.

VISIT WWW.BREASTCANCERCAMPAIGN.ORG

News in brief

Olympic Park from a new perspective

RESIDENTS are invited to view Queen Elizabeth Olympic Park from a whole new perspective this summer. Visitors can go on a boat tour on the park's waterways or joining a guided walking tour of the site.

The tours start from Stratford Waterfront near the London Aquatics Centre and will head north on Waterworks River, taking in sights including the park's gardens, venues and artwork.

Tickets for the 45-minute tour cost £8 for adults, £4 for children (under-3s free) and £20 for a family of four (two adults and

two children) and can be bought on the day. Tours will be running every day until August 31, subject to weather conditions.

For those who want to explore on foot, experienced guides will take walkers on a stroll past

the park's famous venues and through its gardens while explaining the story of the area's involvement in the London 2012 Olympics, how the park was transformed after the Games and what the future holds for the

The tours run every Thursday and Saturday at 11am, starting outside Pudding Mill Lane DLR station. Tickets cost £10 for adults and £5 for children.

For details visit **Queen ElizabethOlympicPark.co.uk**

Clean-up at Isle of Dogs riding school

THE stable and grounds of an Isle of Dogs riding school were given a thorough clean last month.

Mudchute Riding School won a national competition to receive the help of cleaning specialists Kärcher to spruce up its facilities.

The school is a community charity run by local volunteers who do not have the means or machinery to give the stables a deep clean, especially as the water pressure in the area is very low.

A squad from Kärcher visited the school as part of a campaign to inspire the public to use their local sports grounds and offer a helping hand.

Grant for breast cancer pioneer

A LEADING scientist at Queen Mary University in Mile End has been awarded a grant worth around £100,000 for a pioneering study into the treatment of breast cancer.

During the three-year project funded by research charity Breast Cancer Campaign, Professor Peter Schmid and his team will investigate how three molecules belonging to a group called microRNAs are involved in breast cancer cells becoming resistant to the drug lapatinib.

The study also aims to find out whether resistance to the drug can be predicted – and prevented.

Charity choice

A SPITALFIELDS coffee shop which provides supported employment opportunities for adults with disabilities has been chosen by a supermarket as its charity of the year.

Phoenix Blend Café in Bell Lane has been named as charity of the year by nearby food store, Sainsbury's Local.

The announcement means the store will support the charity by fundraising and holding events over the next 12 months.



A POP-UP pantomime brought a big dose of sunshine to young patients at the Royal London Hospital in Whitechapel. The young audience were encouraged to laugh, cheer and sing along as four actors from Starlight Children's Foundation performed an interactive adaptation of the classic children's story Robinson Crusoe. Starlight is a national charity that grants wishes for ill children and provides entertainment in hospitals and hospices across the UK. The pantomime visited the hospital during an eight-week tour that will see it performed at children's wards throughout the country. Natasha Luck, play worker at Barts Health NHS Trust, said: "We know that play can significantly help to improve a child's hospital experience and our teams do all they can to put a smile on the faces of children and their siblings who visit."

Have your say

on options for new river crossings in east London

We'd like your opinion on the following four options that will help improve connectivity between north and south of the river:

- A ferry service or bridge at Gallions Reach
- A new ferry at Woolwich
- A bridge at Belvedere

To find out more and provide us with your views, please visit tfl.gov.uk/new-river-crossings or call 0343 222 1234*

The consultation ends 12 September 2014

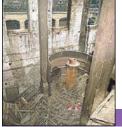
*Calls from BT landlines cost up to 5p per minute. Cost of calls from other lines may vary.



MAYOR OF LONDON

12





Decline, dereliction and demolition

The sad decline of Bishopsgate began after fire destroyed the site If you have a tale about East End in 1964. It became increasingly derelict, until the demolition of everything but the most historically interesting architecture in 2003. email him at **johnrennie@gmail.com**

Got a story to tell?

history, write to John Rennie or

WWW.EASTLONDONHISTORY.COM

History

Finding a place for history in the new home of the hipsters

BY JOHN RENNIE

IT seems we've been here before. More than a decade ago, we reported how bold new plans for a new East London Line, with a brand new station at Spitalfields, were hanging in the balance.

Local protesters were joined by no less than the Prince of Wales, who warned that the proposed destruction of Bishopsgate Goodsyard would be a tragedy and lead to the loss of an astonishing hidden treasure. There were gems within, such as the famed Braithwaite arches

Never mind that the site had lain mouldering since being gutted by fire in 1964 and that most East Enders weren't even aware of the existence of 11.6 acres of derelict land on their doorstep.

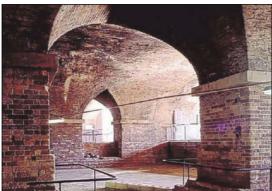
We conducted an unreliable straw poll back in 2003, asking 30 passers-by at the junction of Bethnal Green Road and Shoreditch High Street two questions: "Do you know where Bishopsgate Goodsyard is?" Anvone who answered 'no' was asked: "Have you heard of Bishopsgate Goodsyard?" The first question drew two positive responses; the second a slightly uncertain ten.

Now of course, the area where Shoreditch meets Spitalfields is changed beyond recognition, bustling with hipster-staffed pop-ups and the shoestring start-ups of Tech City. A sadly neglected corner of the East End now buzzes with life, industry and new residents. Amid all this lies a huge wedge of precious land lying moribund and demanding regeneration. But it's the shape of this regeneration that is worrying many

The old goodsyard went through a number of mutations in its 125-year history, never quite finding its place. It was a legacy of the massive railway boom of the mid-1800s, when speculators were throwing out lines and building gargantuan London termini with a recklessness that ruined many of them.

It was about getting in first, beating the competition. Scant thought was given to the logistics or business case... which is why we ended up with Bishopsgate, Broad Street and Liverpool Street. Three great stations jostling for space on the eastern edge of the City (and Fenchurch Street barely a mile down the road).





race, opening for business in 1840 as a pasand only the second London terminus after Euston.

The earliest part to go up was the famous Braithwaite Viaduct, whose listed arches Prince Charles fought (successfully) to save back in the early 2000s. But almost from its beginning, Bishopsgate struggled to find sufficient business to be profitable. (By the time much of the building was destroyed by fire in 1964, only a small part of the station was still being used.)

The first blow was the arrival of Broad Street in 1865. And in 1874, the construction ready to whisk the imports off to the West of Liverpool Street sounded the death knell-Bishopsgate was converted from passenger to goods traffic.

It re-opened in 1881 as Bishopsgate Bishopsgate was an early entrant to the Goodsyard. A new passenger station, Bish-



opsgate Low Level, had already been senger station under the name Shoreditch, opened on the new route into Liverpool Street (if you look carefully on your way in from Bethnal Green, you'll still see the abandoned platforms of the long-abandoned Low Level halt).

> Re-invented as a goods depot, Bishopsgate received trains hauling imports from England's eastern ports such as Felixstowe. The station had an elaborate layout over three levels, with hoists and turntables shifting the trucks around the yard for swift unloading and reloading.

> Meanwhile lorries drove into the yard, Country and the north, to Wales and Scotland. Others dropped off British goods manufactured in Birmingham or Manchester, ready to fill the trucks, and take the return journey back to the East Anglia coast.

(Main picture) The entrance to Bishopsgate Goodsyard in 1966, after the fire destroved much of the structure. Photo: Tower Hamlets Local History Library

(Above 1-r) The **Braithwaite** Viaduct was saved from demolition; the goodsyard in its heyday. (Top right) Developers have submitted new plans for the site.



More goods were stored on the huge warehouses on site.

But if Bishopsgate was built for business, it always struggled for sufficient trade. By the time the fire broke out, on December 5, 1964, it was running at a fraction of its capacity. The blaze was intense, with 40 engines fighting the flames, 12 turntables. two fire hose laying vehicles, two emergency tenders and 235 firefighters.

It was no use. Within minutes the station had gone up like matchwood, destroying dozens of lorries, hundreds of railway wagons and millions of pounds worth of goods. Two customs officials were killed in the flames.

So began the long, sad decline of Bishopsgate, the site increasingly derelict and overgrown, until the demolition in 2003 of everything but the most historically interesting architecture.

But what next? While everybody agrees this is prime land that needs to be pushed back into use, how it's to be done has sparked controversy. Plans unveiled at the end of July came as a shock to many local residents. Six tower blocks, from 15 to 48 storeys, the tallest 800ft high would fan out across the site.

One thing is certain... development of this lost slice of east London must go ahead, and over the coming months Tower Hamlets and Hackney councils will be debating how it will look for the next hundred years or so. How will it play out? Well that's for local people, as well as big business, to decide. Take a look at the plans - at the goodsyardlondon.co.uk - and make up your own mind.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

www.towerhamlets.gov.uk/welfarereform

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

For details call 7364 4877 or

For details call 7364 4120 or

email simmi.yesmin@tower

Contact Zoe Folley (see above).

Wednesday, August 20

Tuesday, September 2

6.30pm: Licensing sub-

7pm: Development

email zoe.folley@tower

hamlets.gov.uk

Tuesday, August 19

6.30pm: Licensing

sub-committee

hamlets.gov.uk

committee

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

committee

Meetings Thursday, August 14 7pm: Strategic development (see left). committee

7.15pm: Overview & scrutiny committee

For more information call 7364 4333 or email angus. taylor@towerhamlets.gov.uk

Wednesday, September 3

For details call 7364 4651 or email matthew.mannion

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry

For details call Simmi Yesmin

5.30pm: Cabinet

@towerhamlets.gov.uk

Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Rewarding experience awaits drama helpers

LOOKING for a career in events management or just fancy helping out at a dynamic festival which attracts an international audience?

The council is looking for a team of enthusiastic volunteers of all ages to work with the council's arts and events team to deliver a unique theatre festival in November

Volunteers at A Season of Bangla Drama will learn skills unteering is a great way to

Planning

35 Woodseer Street – conversion of ground floor

London Fire Brigade, 11 Roman Road – removal

of existing timber gates with new automatic

26 Bow Road – prior approval notification for

change of use from office to residential for 21

65a Strattondale Street – application for lawful

development certificate re. proposed loft

Fulneck, 150 Mile End Road – application for

permission ref. PA/10/00925, dated 24.8.10.

non-material amendment of planning

from offices into two 2-bed flats.

sliding vehicular gates.

self-contained flats.

house, hospitality, artist liaison and customer liaison plus much more.

Rajia Khan, volunteer development co-ordinator, said: "Volunteering is a two-way process. Taking part in such a high calibre and diverse arts programme will provide an enriching and rewarding experience."

Cllr Shafiqul Haque, cabinet member for culture, said: "Vol-

in events management, front of gain valuable experience to help our residents secure jobs. I hope they will apply to be a part of this popular festival."

> Volunteers are needed every weekend throughout November and travel expenses will be re-

> To apply send your CV and a covering letter to Rajia Khan at rajia.khan@towerhamlets. gov.uk

The deadline for submissions is Friday, August 29.

application for non-material amendment of planning permission ref. PA/13/02683, dated

buildings A and M between 0.5m and 2.5m.

Old Poplar Baths, 170 East India Dock Road -

submission of details re condition 5g (plunge

303-305 Burdett Road – re-branding of store to

signage, new vinyl window graphics panel and

Robin Hood Gardens Estate together with land

Woolmore School and land north of Woolmore

south of Poplar High Street and Naval Row,

Street bounded by Cotton Street, East India

for non-material amendment of planning

permission ref. PA/12/00001, dated 30.3.12.

Amend conditions A4 and A7; and increase

parameters height for Building H by an

Dock Road and Bullivant Street – application

include new fascia signage, new projecting

pool) of listed building consent PA/13/1441,

9.7.14 to increase height parameters of

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

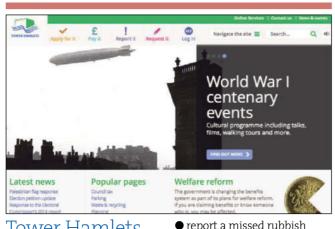
For women aged over 18 c/o Hopetown Hostel. 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling
- report an abandoned vehicle
- bulk rubbish collections



conversion with rear dormer and front side roof window. Site at Orchard Place – application for nonmaterial amendment of planning permission ref. PA/13/02683, dated 9.7.14. Proposed amendments to triggers of condition nos. 7, 12, 18, 24, 27, 43, 47, 50, 56, 63, 67 and 68.

Leamouth Peninsula North, Orchard Place -

additional 1m for temporary flue for energy

new ATM graphic.

Tower of London, Tower Hill - request for screening opinion as to whether an environmental impact assessment is required re. application for permanent foreshore works.







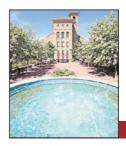






Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...



Did you get it?

Last week's photo was the fountain at Burrells Wharf, E14.

MY.TOWERHAMLETS.GOV.UK

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007

Employment & skills service (Skillsmatch) - 7364 3727 Environmental health, trading standards & licensing -7364 5008

Planning & development -7364 5009

Business rates - 7364 5010 Recruitment line - 7364 5011 Electoral services - 7364 0872 Tower Hamlets Homes - 7364

Healthline - 7364 5016

General enquiries

Council enquiries - 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice (E14) - 7364 7507 Housing advice (E1, E2 or E3) -7364 3558

Homeless service - 7364 7474 Choice-based lettings

-7364 0244

Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.



DO you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes – 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic **violence team** can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours) 24-hour domestic violence national helpline 0808 2000 247

Haven Whitechapel (sexual assault referral centre)

7247 4787 Karma Nirvana (Honour **Network Helpline)**

0800 5999 247 **Broken Rainbow** (LGBT domestic violence)

0845 260 4460 **Black Women's Health** & Family Support

8980 3503 **Rights of Women** (legal advice) 7251 6577

Victim Support Line

0845 30 30 900 **Victim Support Tower**

Hamlets

8555 8254 **NSPCC Child Protection**

Helpline

0800 800 5000 **Childline**

0800 1111 **Shelterline**

0808 800 4444

Respect (for perpetrators) 0845 122 8609

Reunite (advice about child abduction)

0116 2556 234 Men's Advice Helpline 0808 8010 327

Samaritans 08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar – John Onslow House, 1 Ewart Place, E3 South Poplar – 15 Market Square, Chrisp Street, E14 Stepney& Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow - Gladstone Place, E3. Canary Wharf – Churchill Place, Canary Wharf, E14. Chrisp Street – Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market – Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays -Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries Bethnal Green – Cambridge Heath Road, E2. 8980 3902 **Cubitt Town** – Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk

HAVE YOU MADE YOUR WILL?

Peter Bowyer Professional Will Writing Services

Member of the Institute of Professional Will

Writers and the Society of Will Writers

HOME VISITS 0800 389 7387 0207 001 7711

HAVE YOU MADE A POWER OF ATTORNEY?

If you become ill and cannot look after your affairs then without a Lasting Power of Attorney a government secret court could take over the running of your affairs. Likewise if you are in care or ill the same court could decide on your treatment and welfare without any of your loved ones having any say in what happens to you.

MAKE A POWER OF ATTORNEY FOR PROPERTY AND AFFAIRS AND ANOTHER FOR PERSONAL WELFARE

SPECIAL OFFER

Two Wills - husband & wife **Two Powers of Attorney** (Property and Affairs)

Two Powers of Attorney

(Personal Health and Welfare) 4 x registration of documents with the Office of the Public Guardian. Full personal protection for you

£1,200 inclusive Single Person £950 inclusive

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.



গ্রীষ্মকালীন ছুটি উপভোগ্য করে তুলতে বিভিন্ন

সামারের দীর্ঘ ছুটি কাটানোর ব্যাপারটি স্কুলে পড়য়া ছাত্রছাত্রী ও তাদের অভিভাবকদের জন্যে একটি মাথা ব্যাথার কারন হয়ে দাঁড়ায়। কিন্তু টাওয়ার হ্যামলেটস কাউন্সিল তার লেইজার সেন্টারগুলোতে এই ছুটিকালিন সময়কে উপভোগ্য ও আনন্দময় করে তোলার জন্যে বিভিন্ন কর্মসূচি গ্রহন করেছে। বিস্তারিত পড়ন নীচে -

FREE FUN IN THE BOROUGH'S PARKS AND SWIM FOR £1

Harmony

Maweelada fasaxa

Summer night activities for young people - issue 2021

MASGRUUC sahan ah oo falal san oo raaligelinaya cid hadlay madaxa kormeeraha nlagu xoojinaya xidhiidhka bulshada islamarkaana lagu xakamaynayo fal denbiyeedyada ayaa gobolka laga asaasay.

Koox jaangooyo oo ka kooban booliiska, dhibanaha iyo ururo samafal oo kala duduwan, ururinta dhiirigeliyey oo ah tab ayaa kawnsulka, waaxdiisa u eg, tii amerikaanku mashruucani wuxuu ka soo adeega dhallinyarada, kala shaqayneysey, sidii loo xakamayn lahaa fadqalalada iyo anshax xummada.

Iftiinka habeenkii ee samarka, barnaamijka ka hortaga fadqalalada oo asalkiisii hore lagu daahfuray Los Angels sannadkii 2008, wuxuu ku waajahan yahay markay denbi falku uu badan yahay, xilliyada fasaxa, oo lagu bedelayo

Barnaamijkani wuxuu ka koobnaan doonaa 18 munaasabadood, oo mid walba uu ku jiro dhuuni diirani, kaas oo muujiyey in uu yahay hab wacan oo in bulshada isku soo adeegsadeen. Falal kala duwan iyo tartano ayaa loo qorsheeyey.

Meeyar Lutfur Rahman oo barnaamijkan ka hadlay, ayaa yidhi: "Xoog ayaanu ugula shaqaynay lamaanayaashayada in aannu hagaajino munaasabado aan ku haboonayn kulmonta bulshada oo keliya, laakiin isl markaaba ku haboon xakamaynta fal denbiyeeyada."

Waxaa isaguna arrinkaa ka

booliiska, Mark Long oo yidhi: "Waxaanu keeni doona goobaha saraakiil booliis ah oo deegaanka ah oo dadka kala sheekaysta, dhammaan hawla la xidhiidh booliiska, sida anshax xummada iyo denbi falaka."

Maraykanka guddihiisa hooyey guulo dhinaca xakamaynta denbi falka iyo isku tolka bushada wada taal.

Jidka Devon, Shadwell, Whitechapel iyo goobaha saraha Collingwood ayaa muuiyey in ay manaafacaadsan doonaan kheraadkaa iyo kaalmadaa dheeraadka ah

Faahfaahin ka daalaco www.towerhamlets.gov.uk/

Kawnsulka oo ka kaalmeeyey jimicsiga Ree Leven, Poplar

Outdoor exercise in Leven Road, Poplar – see page 34

KAWNSULKA ayaa ku rakibay shan qaybood oo jimicsiga banaanka guryaha, jidka Leven, yidhi: "Waxaanu had iyo jeer u helaan jimicsi lacag la'aan ah.

rakibay wuxuu ka kooban saxada leh.

yahaty dhammaan qalabka lagu jimicsi oo dhan.

Mayor Lutfur Rahman ayaa **Poplar, si ay dadweynuhu** danaynaa habab dhiirgeelinaya in dadweynuhu helaan jimicsi joogta ah, lacag la'aan ah, si ay Qalabkani banaanka lagu u qaayibaan hab nololeedka

"Jimicsiga loogu baxayo banaanku deegaanka jidka Leven waa hab xiiso leh oo soo jiidanaya dadka ka hadhay hababkii caadiga ahaa ee jimicsiga, laakiin jecel in ay ku tababartan banaanka."

Boogo www.towerhamlets.

Madadaalada qoyska oo dhan ee fasaxa

naamij waalidiinta ao carruurtaba anfacaya, oo ay ku maararoobaan fasax dheer isku soo duba ridey, kaas oo caafimaad ahaan iyo maweelo ahaanba laga faa'iidayo.

Haddaba adeegyada cayaaraha, maaweelooyinka iyo weliba fursado aad kula skulanto saaxiibo cusub, majirto meel dhaanta xarunta baaga Mile End.

Xarunta Jidka Burdett waxay bixinaysaa adeegyo yar iyo weynba anfacaya iyo kuwa baahiyaha gaarka ah qababa.

KAWNSULKA ayaa bar- Holiday activities for the whole family

Xaruntu oo ay maraynayso Better, kawnulkana isku lammaan yihiin, waxay kafaalo qaadays rugta fasaxa oo ku aadan 5 jirada ilaa 16 jirada, taas oo furnaanoonta shanta maalmoodba 8.30am, ilaa 5.30pm. Waxay cayaarayaan kubada cagta, dabaasha, jimicsiyo iyo orodo.

Meelaha aad carruurta geyn kartaan waxaa ka mid ah

■ Shan jirada ilaa 16 jirada dabaal £1, Mile End, Tiller, St George's iyo xarunta Holka York. Dhammaan xarumuhu booqo www.better.org.uk

jimisiyada way siinayaan 11 jirada ilaa 16 jira.

■ Maalin kasta oo Arbaco ah, xarunta cayaaraha Whitechapel, waxay siinay hablaha 14 jir iyo wixii ka weyn, casharo kubada kolayga ah, laga bilaabo 6pm ilaa 10pm, qiimuhuna waa £1.15.

■ Xarunta Tiller waxaa ka jiraya fasalo Pilates ah oo loogu talagalay 14 jir iyo wixii ka weyn, maalin kasta oo isniin ah laga bilaabo 10 am, qiimuhuna £1.15

Faahfaahin dheeraad ah



নেয়। তারা কার্ডবোর্ড দিয়ে নিজেদের স্বপ্ন ও কল্পনা অনুযায়ি নির্মান করে অনন্য এক রাজ্য। ক্ষুদে স্থপতিদের এই অনন্য নগরের সৌন্দর্য্য দেখে বিমোহিত হন সবাই। কার্ডবোর্ড দিয়ে নির্মিত বাড়ি-ঘর, টাওয়ার, রাস্তা, পার্ক ইত্যাদিতে রং দিতে অভিভাবকরা শিশুদেরকে সাহায্য করেন। পার্ক ও উন্মুক্ত স্থানগুলোর প্রতি জনসাধারণের আগ্রহ ও সচেতনতা বাড়াতে টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে 'লাভ পার্ক সপ্তাহ' উপলক্ষে আয়োজিত নানা কর্মসচিব অংশ হিসেবে অন্ত্রিত হলা এই কার্ডবোর্ড সিটি ইভেন্ট।

গ্রীষ্মকালীন ছুটি উপভোগ্য করে তোলার জন্যে বারায় বিভিন্ন কর্মসূচির আয়োজন

Free fun in borough's parks and swim for £1 – see page 6

সামারের দীর্ঘ ছুটি কাটানোর ব্যাপারটি স্কুলে পড়য়া ছাত্রছাত্রী ও তাদের অভিভাবকদের জন্যে একটি মাথা ব্যাথার কারন হয়ে দাঁড়ায়। কিন্তু টাওয়ার নামক সংস্থার সাথে যৌথ উদ্যোগে পরিচালিত হ্যামলেটস কাউন্সিল তার লেইজার সেন্টার গুলোতে এই ছটিকালিন সময়কে উপভোগ্য ও আনন্দময় করে তোলার জন্যে বিভিন্ন কর্মসুচি গ্রহন করেছে।

আপনার বাচ্চাদের এই দীর্ঘ বিরতিতে খশি এবং স্বাস্থ্যকর রাখার জন্যে প্রচুর আনন্দদায়ক কর্মসুচি রয়েছে।

মাইলএন্ড পার্ক লেইজার সেন্টারে খেলাধুল-ার ও বিনোদনের আয়োজন রয়েছে। সেই সাথে আছে নতুন নতুন বন্ধু সৃষ্ঠির সুযোগ।

মাইলএভ লেইজার সেন্টার টাওয়ার হ্যাম-ে লটস কাউন্সিলের সাথে বেটার ইন পার্টনারশীপ হচ্ছে। এই সেন্টারে রয়েছে ৫ থেকে ১৬ বছর বয়সীদের জন্যে রয়েছে হলিডে ক্লাব। সকাল সাড়ে ৮টা থেকে বিকাল সাড়ে ৫টা পর্যন্ত উইক ডেইজে ফুটবল, সুইমিং, জিমন্যাস্টিক এবং এ্যাথ-লেটিকস এর আয়োজন রয়েছে।

বার্ডেট রোডে অবস্থিত উপরেল্লিখিত এই সেন্টারে স্পেশাল নিডস ও কিডস ফর এ কুইড সইমিং লেসনের ব্যবস্তা রয়েছে।

৫ থেকে ১৬ বছর বয়সীদের জন্যে মাইল এন্ড, টিলার সেন্টার, সেন্ট জর্জেস সেন্টার এবং দিতে পারবেন।

ইয়র্ক হলে মাত্র ১ পাউন্ডে সইমিং এর ব্যবস্থা রয়েছে। সব ক'টি লেইজার সেন্টারের জুনিয়র ফিটনেস সেশনে ১১ থেকে ১৬ বছর বয়সীরা

হোয়াইট চ্যাপেল স্পোর্টস সেন্টার ১৪ বছর বয়সী মেয়েদের জন্যে প্রতি বধবার সন্ধ্যা ৬টায় বাস্কেট বল সেশন পরিচালনা করে থাকে। ১ পাউন্ড ১৫ পেনির বিনিময়ে এ সেশনে যোগ দিতে

১৪ বছর বয়সীদের জন্যে প্রতি সোমবার সকাল ১০টা থেকে বিশেষ ইয়োগা ক্লাশের ব্যবস্থা রয়েছে। ১.১৫ পাউন্ডের বিনিময়ে এই ক্লাশে যোগ



নাট্য উৎসবের জন্য ভলান্টিয়ার নিয়োগের উদ্যোগ

ইভেন্ট ম্যানেজমেন্টে ক্যারিয়ার গড়ে তুলতে চান কিংবা একটি অসাধারণ উৎসব যা দেশি বিদেশী দর্শকদের আকৃষ্ট করে Send your Bengali and Somali news থাকে, তাতে স্বেচ্ছাসেবী হিসেবে সম্পুক্ত হতে চান? কাউন্সিলের আর্টস্ এন্ড ইভেন্টস্ টীম এর উদ্যোগে নভেম্বর মাসে অনুষ্ঠিতব্য থিয়েটার ফেস্টিভ্যাল বা নাট্য উৎসবের জন্য কাউন্সিল উদ্যমী স্বেচ্ছাসেবী নিয়োগ দিতে চাচ্ছে। বিস্তারিত পড়ন নীচে -

VOLUNTEERS NEEDED FOR VIBRANT DRAMA FESTIVAL

ঐকতান

to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG

Harmony

১.৭ মিলিয়ন পাউন্ড ব্যয়ে ১১টি পরিত্যক্ত বাড়ি সংস্কার করে ব্যবহারের আওতায় আনা হচ্ছে

The council invests in new family homes - see page 25

নতুন ফ্যামিলি হোম তৈরীর লক্ষ্যে ১১টি পরিত্যক্ত ঘরকে সংস্কার করতে কাউন্সিল ১ দশমিক ৭ মিলিয়ন পাউন্ডের প্রকল্প গ্রহণ করেছে।

পর্যাপ্ত উনয়ন তহবিলের অভাবে এই বাডিঘরগুলো সময়মত যথাযথভাবে মেরামত ও রক্ষণাবেক্ষণ না করায় ব্যবহার অনপ্যোগী হয়ে পডে।

গত বছর কাউন্সিল এই প্রোপার্টিগুলো পূণঃদখলে আনার সিদ্ধান্ত নেয় এবং কাউন্সিল হাউজিং হিসেবে এগুলোকে ফিরিয়ে আনতে পূণঃসংস্কারে প্রয়োজনীয় অর্থ বরাদ্দ করে।

এই প্রকল্পের আওতায় ৯টি তিন বেডক্সের ঘর ও ২টি বড় ফ্যামিলি হোম কাউন্সিলের সামাজিক ভাডার লক্ষ্যোত্রা অন্যায়ি এই ঘরগুলো যাদের খুব দরকার, তাদের মধ্যে ভাড়া দেয়া হবে।

নির্বাহী মেয়র, লুৎফুর রহমান বলেন, আবাসন হচ্ছে টাওয়ার হ্যামলেটসের সর্বাধিক গুরুতুপূর্ণ অগ্রাধিকার। তাই, আমাদের বাসিন্দাদের জন্য বাড়ি-ঘরের ব্যবস্থা করতে আমি আমাদের সকল প্রোপার্টিকে ব্যবহারের আওতায় আনার প্রচেষ্ঠা অব্যাহতভাবে চালিয়ে যাবো।

দইটি প্রোপার্টির সংস্কার কাজ এরি মধ্যে সম্পন হয়েছে এবং দু'টি পরিবারের মধ্যে তা ভাড়া দেয়া হয়েছে। আরো তিনটি ঘরের সংস্কার কাজ শিগগিরই শেষ হবে এবং বাকী প্রোপার্টি গুলোর কাজও এই বছরের মধ্যে শেষ করে ভাডা

প্রতিটি হাউজে নতুন চাল, কিচেন, বাথরুম, নতুন জানালা লাগানো হয়েছে।

রাবিনা খান বলেন, এটি অত্যন্ত চমৎকার একটি পুণরায় ব্যবহারের আওতায় এনে আমাদের

কেবিনেট মেম্বার ফর হাউজিং, কাউপিলর প্রকল্প। আমরা এইসব কাউপিল প্রোপার্টিকে বাসিন্দাদের জন্য উন্নতমানের কাউপিল হোমে



রিয়াল সার্ভিসে নেতৃত্ব দেন দ্যা রেভারেভ এলান থীণ। তাঁর সাথে ছিলেন রেভারেভ ম্যাক্সওয়েল হুটশিনসন, রেভারেভ ক্রিস্টাইন হল, গ্লোভ টাউন মসজিদ এন্ড কালচারাল সেন্টারের মোশতাক আহমদ এবং ইস্ট লন্ডন সেন্টাল সিনাগগ এর লেণ্ডন সিলভার। প্রথম ও দ্বিতীয় বিশ্বযন্ধে আতা উৎস্বর্গ-কারী টাওয়ার হ্যামলেটস্ বারার নারী পুরুষদের স্মৃতির প্রতি শ্রদ্ধা জানাতে বেথনালগ্রীণ লাইব্রেরীর সামনে নিমির্ত স্মৃতি স্তম্ভে পুষ্পস্তবক অর্পণ করেন মেয়র লুংফুর রহমান ও কাউন্সিলরবৃন্দ (ছবি)। এই সার্ভিসে বিশেষ অতিথি হিসেবে যোগ দেন জর্জ মেডেল লাভকারী রাইফেলম্যান পল জ্যাকভ, যিনি আফগানিস্তান যুদ্ধে বীরত্বের সাথে লড়াই করতে গিয়ে আহত হয়ে অন্ধত্ব বরণ করেন।

News in brief

প্রবীণদের জন্য বিনামূল্যে অবকাশ যাপনের ব্যবস্থা

যেসব পেনশনারদের সাপ্তাহিক ভাতা ১৯৭ পাউন্ডের নীচে এবং আর্থিক অস্বচ্ছলতার কার-নে তারা হলিডেতে যেতে পারছেন না তারা অবকাশ যাপনের জন্যে আবেদন করতে পারবেন

চ্যারিটি সংস্থা এনবিএফএ প্রবীণদের জন্যে ১৩ থেকে ১৭ অক্টোবর পর্যন্ত ওয়েস্ট সাসে-ক্সের হলিডে ভিলেজে সংক্ষিপ্ত অবকাশ বির-ি তর ব্যবস্থা করেছে। ১লা সেপ্টেম্বরের মধ্যে

আবেদন সফল হবে তাদেরকে টাওয়ার হ্যাম-ে লটস থেকে কোচ দিয়ে নিয়ে যাওয়া হবে। তাদের থাকা খাওয়া এবং বিনোদনের জন্যে ব্যবস্তা করা

এ ব্যাপারে বিস্তারিত তথ্যে জানতে হলে: www.smallc.org.uk/volunteer এই ওয়েবসাইট ভিজিট করার জন্যে অনুরে-

স্পে স্ট্রিটে চালু হলো ডিসপারসাল জোন

স্থানীয় বাসিন্দাদের সার্বিক নিরাপত্তা নিশ্চিত করতে এবং সমাজ বিরোধী আচরণজনিত কার্য-কলাপ প্রতিরোধ কল্পে পপলারের স্পে স্ট্রিট এলাকার চারপাশে ডিসপারসাল জোন কার্যকর করা হয়েছে।

ছরিকাঘাতে নির্মমভাবে প্রাণ হারিয়েছিলো ১৬ বছরের মেধাবী কিশোর আজমল আলী।

নশংস এই হত্যাকান্ডের ঘটনার কারণে স্থানীয় বাসিন্দারা এখনো সন্তুস্ত আছেন এবং রাস্তায় উচ্ছঙ্খল কিশোর তরুণদের সমাজবিরোধী আচরণ নিয়ে তারা খুবই উদ্বিগ্ন বলে পুলিশ ও হাউজিং এসোসিয়েশন পপলার হারকাকে

নতন এই ডিসপারসাল জোন অর্থাৎ নির্দিষ্ট এলাকায় একাধিক তরুণের দলবদ্ধ উপস্থিতি বা জটলা ছত্রভঙ্গ করার উদ্যোগ চালু করার মাধ্যমে প্রাপ্ত অতিরিক্ত ক্ষমতা বলে পুলিশ যদি মনে করে কারো উপস্থিতি কিংবা আচরণ সন্দেহজনক, তাহলে তাকে ২৪ ঘন্টার জন্য এলাকা থেকে সরিয়ে দিতে পারবে। যদি পুলিশের নির্দেশে কেউ এলাকা ত্যাগ না করে তাহলে সর্বোচ্চ তিন মাসের জেলদন্ড ও ২.৫০০ পাউন্ড পর্যন্ত অর্থ দন্ডও হতে

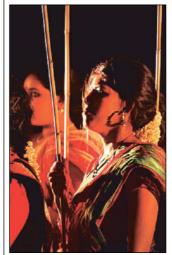
পপলার হারকার এএসবি ম্যানেজার জেমি লক বলেন এন্টিসোশ্যাল বিহেভিয়ার বা সমাজ বিরোধী আচরণের হাত থেকে বাসিন্দাদের মক্ত করতে পপলার হারকা এই ডিসপারসাল জোন কার্যকরে তহবিল জোগাচ্ছে। পুলিশ এবং হারকা স্টাফরা এলাকার বাসিন্দাদের ঘরে ঘরে গিয়ে এই জোন সম্পর্কে জানতে চান এবং সকলেই এটা চাল করার পক্ষে মত দেন।

গত ২৫ জুলাই টাওয়ার হ্যামলেটস্ কাউন্সিলের কেবিনেট মেম্বার ফর কমিউনিটি সেফটি, কাউন্সিলর অহিদ আহমদ এবং পুলিশের বারা কমান্ডার, ডেভ স্ট্রিঙ্গার আনুষ্ঠানিকভাবে এই ডিসপারসাল জোন চাল করেন।

এই এলাকার কম বয়সীদের জন্য বিভিন্ন | page 14.

সুবিধাদি আরো উনুত করার ফলে সমাজ-বিরোধী আচরণজনিত কার্যকলাপে জডিত থাকা থেকে তারা বিরত থাকবে বলে পুলিশ আশা

নাট্য উৎসবের জন্য ভলান্টিয়ার নিয়োগ



ইভেন্ট ম্যানেজমেন্টে ক্যারিয়ার গড়ে তলতে চা কিংবা একটি অসাধারণ উৎসব যা দেশি বিদেশী দর্শকদের আকৃষ্ট করে থাকে, তাতে স্বেচ্ছাসেবী হিসেবে সম্পৃক্ত হতে চান?

টাওয়ার হ্যামলেটস কাউন্সিলের আর্টস্ এন্ড ইভেন্টস টীম এর উদ্যোগে আগামী নভেম্বর মাসে অনুষ্ঠিতব্য থিয়েটার ফেস্টিভ্যাল বা নাট্য উৎসবের জন্য কাউন্সিল উদ্যমী স্বেচ্ছাসেবী নিয়োগ দিতে চাচ্ছে। এই উৎসবের সাথে সম্পক্ত হয়ে স্বেচ্ছাসেবীরা কিভাবে ইভেন্ট আয়োজন করতে হয়, আতিথেয়তা, শিল্পী ও কাষ্ট্রমারদের সাথে লিঁয়াজো করার কৌশল সম্পর্কে দক্ষতা অর্জন করতে পারবে।

কেবিনেট মেম্বার ফর কালচার, কাউন্সিলর শফিকল হক বলেন, স্বেচ্ছাসেবী হিসেবে কাজ করার মধ্যমে অনেক মূল্যবান অভিজ্ঞতা অর্জন করা যায় যা আমাদের রাসিন্দাদের চাকরি পেতে সহায়তা করে। জনপ্রিয় এই নাট্য উৎসবে ভলান্টিয়ার হিসেবে কাজ করার জন্য রাসিন্দারা আবেদন করবেন বলে আমি আশাবাদী।

ভলান্টিয়ার ডেভেলপমেন্ট কো-অর্ডিনেটর রাজিয়া খান বলেন, ভলান্টিয়ারিং হচ্ছে দ্বিমুখি প্রক্রিয়া। অত্যন্ত জনপ্রিয় ও বৈচিত্রময় সাংস্কৃতিক উৎসবে অংশ নেয়ার স্যোগ লাভের পাশাপাশি স্বেচ্ছাসেবীরা খুবই গুরুত্বপূর্ণ অভিজ্ঞতা লাভ করেন, যা তাদের কর্মজীবনকে

পরো নভেম্বর মাসের সবগুলো উইকএন্ডে স্বেচ্ছাসেবীদের কাজ করতে হবে এবং তাদেরকে যাতাযাত খরচ দেয়া হবে।

স্বেচ্ছাসেবী হিসেবে অংশ নিতে আগ্রহীদের আগামী ২৯ আগষ্টের মধ্যে rajia. khan@towerhamlets.gov.uk এই ইমেইল এড্রেসে সিভি ও কভার লেটার পাঠ-ানোর জন্য অনুরোধ করা হয়েছে।

■ The above stories are: free holiday offer for over-65s issue 1021: dispersal zone launched; volunteers needed for vibrant drama festival -

পপলারের লেভেন রোডের পার্কে ব্যায়ামের ব্যবস্থা

Fresh approach to exercising – page 34

২০১৪ সালের কমনওয়েলথ গেইমস। কমনওয়েলথভক দেশগুলোর সর্ববহৎ এই ক্রীড়া উৎসবে ইংল্যান্ড রেকর্ডসংখ্যক পদক জিতেছে।

এই পদক প্রাপ্তি অনেককেই উজ্জীবিত করবে শরীর চর্চার জন্যে। এদিকে লক্ষ্য রেখে টাওয়ার হ্যামলেটসে শরীর চর্চার জন্যে পপল-ারের লেভেন রোডে আউটডোর জিম প্রতিষ্ঠা করা হয়েছে।

পরিবেশে ফ্রি ব্যায়াম করতে পারেন, সে জন্যে জনসাধারণ ব্যবহার করবেন বলে আমরা আশা কাউন্সিল লেভেন রোডে পাঁচটি আউটডোর করছি। টাওয়ার হ্যামলেটসের পার্কগুলোতে কী ব্যায়ামের সরঞ্জামাদি স্থাপন করেছে।

এই আউটডোর জিমের সরঞ্জামগুলোর মধ্যে রয়েছে টেডমিল, ক্রস টেইনার, চেস্ট প্রেস, লেগ ওয়েবসাইট ভিজিট করার জন্যে অনরোধ করা প্রেস এবং স্পিনিং বাইক। বাসিন্দারা যখন পার্কে হয়েছে।

স্কটল্যান্ডের গ্রাসগোতে গত সপ্তাহে অনষ্ঠিত হলো প্রমন করবেন তখন তারা এগুলো ব্যবহার করতে

লেভেন রোডের উনয়নে সচেষ্ঠ স্থানীয কাউন্সিলর ওহিদ আহমদ আউট্ডোর জিম পরিদর্শন করে বলেন, আমি অত্যন্ত আনন্দিত যে আউটডোর জিম এর কাজ শেষ হয়েছে এবং আমরা স্থানীয় বাসিন্দাদের কাছ থেকে এই জিমের ইক্যপমেন্ট ব্যবহারের ইতিবাচক সাডা পাচ্ছি।

কেবিনেট মেম্বার ফর কালচার, কাউন্সিলর শফিকুল হক বলেন, বারায় শরীর চর্চার জন্যে পপলার এলাকার বাসিন্দারা যাতে উন্মুক্ত যেসব সুবিধাদি বিদ্যমান রয়েছে তা স্থানীয় ধরনের সবিধাদি রয়েছে এ সম্পর্কে জানার জন্যে www.towerhamlets.gov.uk এই



Families have been enjoying the summer sunshine, taking part in the council's Sports & Play Festival 2014 and many other activities in the borough's parks, as **Raju Miah** reports. Photos by Kois Miah and Rehan Jamil.

Come & play!



Proud homeowner Zak shows off his cardboard city creation



Dodgems were popular at Victoria Park's A Grand Day Out



Sienna and Saraiya enjoying a swing ride in Millwall Park



Donkey rides proved popular, led by Mike, pictu

THE borough's award-winning parks have been hosting an assortment of events, attracting scores of youngsters and their families to the funfilled festival.

Fifteen events have been programmed this month offering the chance to participate in activities such as giant outdoor games, children's rides, trampolining and face painting.

Last week the council marked the end of Love Parks Week with a series of events aimed at raising awareness of parks and green spaces in Tower Hamlets.

More than 300 children and their families took park in the annual Cardboard City event at Mile End Play Park where they shaped their own kingdoms.

Building houses and towers out of cardboard and tape helped transform the area into a village thriving with young architects admiring their community.

The day encouraged creativity as young people and their parents got stuck into decorating their houses.

Seven-year-old Andrew, who helped build a grand building, said: "Cardboard City is really fun and I had lots of ideas about what to build."

Abdul Jalil 8 said: "At first I was stuck I didn't know what to do and I'd never made anything using cardboard. But then I started helping others and got my own ideas to build something really cool. Next year I will be back and will build the biggest tower ever!"

Victoria Park brought the seaside to the East End with the annual A Great Day Out which attracted more than 6,000 visitors to the borough's flagship park. The bustling 'seaside' in the park included a giant slide, Victorian carousel, a Punch and Judy show, stilt walkers and donkey rides.





Chloe May, 7, said: "I really liked going on and Stepney Green Park are all scheduled to the slide, I had a really good time and I also made my own smoothie which was delicious."

Local parks have been also been delivering exciting activities with Island Gardens, Bethnal Green Gardens, King Edward Memorial Park, Millwall Park, Langdon Park and St George's Gardens taking part so far.

The Sports and Play Festival continues throughout August with Sir John McDougal Gardens, Weavers Fields, Meath Gardens



welcome families for a range of exciting activities including traditional games, outdoor activities, and arts and crafts stalls.

Mayor Lutfur Rahman said: "I am extremely pleased that so many families took advantage of these fantastic outdoor events. Victoria Park's Grand Day Out enjoyed record numbers and there are still lots of events for families to enjoy."

Popular events still to come include:



Elle, 12, Courtney, Haddy and Ellie, all 11



Stilt walkers were part of the show at Victoria Park







red with Nadia, 6, and Laila, 4 Lyra, 4, from Mudchute, trampolines at King Edward Memorial Park

(Far left, top to bottom) Anaiya, 3, builds her own cardboard city in Victoria Park; the

Ryan, 5, enjoyed the Victoria Park funfair



■ Water Festival at Mile End Children's Park where youngsters can make a splash with ing up some healthy living tips water guns, hoses and buckets from 12.30-4.30pm on Wednesday, August 13

■ A Day by the Seaside at Mile End Children's with the Sporting Carnival on Saturday, Park on Wednesday, August 20 with popular seaside activities for all the family

■ Healthy Living Day in Victoria Park on family. Wednesday, August 27 from 12-4pm where children and parents can challenge each other in basketball, tennis and other inflatable

outdoor activities while also pick-■ The Sports and Play Festival will round off at the end of the month

August 30 at Stepney Green Park.

All events are free and open for all the

Visit www.towerhamlets.gov. uk/parks for full details or contact 7364 2253.





London Metropolitan Brass played a great set at Victoria Park



Yiyi, Harry and George concentrate on jenga in Millwall



Aster and Jasmin on the swings

Grace

and her

auntie Lauren try

out the zip

wire at

Millwall Park



Stitch up

A pint of milk at The Cornershop in Bethnal Green costs £20.



The Boy Who Climbed Out of His Face

Shunt, which is behind the alternative theatre experience, is a collective of artists who have hosted live performances in Bethnal Green, London Bridge and Bermondsey.

WWW.SHUNT.CO.UK

Out & about guide

What's on where this week

Dance Argentinian tango E14

Class. Sat 2-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Ballroom/Latin American

Fri, 2-4pm, £2.50, 20p refreshments. Kingsley Hall, Powis Road, E3. 8550 1392

Belly dancing

Beginners' belly dancing classes Sats, 2-3pm, £6. Oxford House, Derbyshire Street, E2. 07796 850506

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free. Alpha Grove Centre, Isle of Dogs, E14 7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12.30pm. St Pauls Shadwell Church, 302 The Highway, E1. energize4girlzdance@gmail.com

Green Candle Senior Dance

Over-60s, no experience is necessary. Tues, 10.30am-12.30pm, one free taster session. Oxford House, Derbyshire Street, E2.

7739 7722

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Every Tues & Weds, 7.30-9.30pm. The Urban Bar, 176 Whitechapel Road, E1 07932 658861

All ability levels welcome. Every Fri, 7-9pm. £7 per person or £10 for a lead/ follow couple.

The Hall, St Margaret's House, 21 Old Ford Road, E2. 8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14. 7515 8362

Kids

Dance and movement for parents/ carers and children aged 1-5. Tues, 1.45-2.45pm, £1.50 (concessions available)

Language of Dance Centre, Oxford House, Derbyshire Street, E2. 7749 1131

Ballet

Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4.

Alpha Grove Centre, Isle of Dogs, E14. 7538 1714

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1. naima@towerproject.org.uk 7790 9085

If you have a date for our Out and About diary, send the details to eastendlife.news@ towerhamlets.gov.uk









Shopworn. The Cornershop, a new art exhibition created by artist Lucy Sparrow, has opened for a month-long residency. The only discernable difference between Sparrow's Bethnal Green shop and the many local stores that grace the borough is that all the items here are sewn from felt. The project took seven months to complete and the display boasts 4,000 pieces - all of which are for sale. The Cornershop, 19 Wellington Road, E2, open daily 10am-7pm until August 31.

Exhibitions

East End Paintings by Dan Jones

A retrospective of the local artist's work spanning for than 40 years. Join him this Tues, Aug 12, 2-4pm for a workshop on drawing street life. Until Nov 12. Local History Library & Archives, 277 Bancroft Road, E1.

73641290 www.ideastore.co.uk

Craft and Controversy

Artist Joshua Raffell probes the debauchery and the underbelly of society in his first solo show at studio 1 where he was artist in residence in 2011-12. Raffell uses the seaside pier amusement arcade as his topic here. Until Aug 31. Open Weds to Sun, 12-6pm. studio1.1, 57a, Redchurch Street, E2. 07952 986696 www.studio1-1.co.uk

Events

Numbskulls in Bow

Cornucopia Theatre Company presents a programme of fun-filled activities aimed at Bow residents aged 8-18. Script writing, comedy, improvisation, physical theatre, tree planting and music are on offer at the ten-day summer festival. Fulltime or drop-in sessions available.

Until Aug14. 11am-6pm. Tredegar Community Centre, 333 Morville Street, E3. 07906 178 158

email cornucopiatheatre@gmail.com

Music

Jordan Marsh & The Hoots

The pianist and rhythm and blues singer brings his six-piece band, The Hoots, to Canary Wharf for an eclectic show featuring rock and roll and boogie woogie songs. £10-£40. Sat, Aug 16. 9.45pm. Boisdale, Cabot Place, E14. 7715 5818

Legendary Indian pop musician plays his first London show. Ali has won awards in Indian music and his 1996 album, Sunoh, was on the MTV Asia Charts for 60 weeks. Tickets from £38.20. Sat, Aug 16.7pm.

The Troxy, 490 Commercial Road, E1. 7790 9000.

www.troxy.co.uk

Theatre

Anna Weiss

Rare revival of Scottish playwright Mike Cullen's controversial play first produced in 1997. The story tells of Anna, a hypnotherapist who specialises in uncovering the 'lost' memories of her patients. £12/£10. Discounts available for E14 residents

Tues, Aug 26-Sept 13. 7.30pm. The Space, 269 Westferry Road, E14. 7515 7799. Space.org.uk

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EastEnders breakthrough

Wordsmith Jonny O'Neill (left) started to write storylines for EastEnders after a successful trial having been selected for BBC Writersroom 10, the BBC Continuing Drama Playwright scheme.

www.bbc.co.uk/writersroom



Free music

Canary Wharf Jazz Festival runs from August 15-17.

SEE BELOW

Out & About

Canary Wharf jazz jamboree

BY JAMES MARTIN

LONDON'S biggest free jazz festival arrives in Canary Wharf this weekend.

A top line-up of jazz-funk, Latin, big band, soul and folk sounds all feature at this year's event - delivered by some leading names in the jazz world.

On Friday, August 15 the Canada Square Park festival opens with an early evening performance by Ed Barker & Friends.

Manchester-based Riot Jazz Brass Band headline the first night's performances soon after.

On Saturday, August 16 the bill is made up by GoGo Penguin, Zara Mcfarlane and Hidden Orchestra with special guest Phil Cardwell.

The second night's headline act is Ciyo Brown's The Mowtown Sounds.

The multi-instrumentalist, known for his eclectic style. is joined by Gwyn Jay Allen and special guest James Morton.

To wrap up the three-day



Riot Jazz Brass Band will be playing on Friday

Quartet tops the bill with a Sunday evening show.

The saxophone specialist and composer is supported by limited-and early arrival is recearlier performances from Nostalgia 77, Polar Bear and

festival, Andy Sheppard Yiddish Twist Orchestra. evening free Twilight Delights fair with Clare Martin and Ray Although the shows are free, organisers say space at Canada Square Park is unreserved and people each week. ommended

music shows have seen the square filled with hundreds of

Boogie Wonderland this week, The recent run of Tuesday August 12 and A Swinging Af-

Gelato next week.

For further information on the festival visit The last two performances are www.canarywharf.com where vou can download the festival leaflet or call 7418 2000.

News in brief

Poetry competition

THE deadline to become London's Young Poet Laureate is fast approaching.

Last year's winner, Warsan Shire, recently enjoyed a twoweek residency in the Poetry Potting Shed at Oueen Elizabeth Olympic Park.

Her poem, For Women who are Difficult to Love, was named as one of Southbank Centre's 50 great modern love poems of the last 50 years

Those wishing to enter this year's contest, which is open to 18- to 25-year-olds, must submit an application by August 19.

For more details visit www.spoke.org.uk

Curtain call

THE Theatres Trust has granted £5,000 to Stratford's Theatre Royal Stratford East so that it can repair its damaged stage curtain.

The grade II listed theatre will use the funding for its Repair the Stage Curtain project, which will mend and clean the fabric of its trompe l'oeil curtain.

It will be the first project in a series of works to refurbish the 430-seat auditorium.

Kerry Michael artistic director at the theatre, said: "Our beautiful auditorium...has a unique character that we're keen to preserve and we are very grateful to the trust."

Playwright stays close to his roots

A NEW contemporary play by an up and coming writer from Mile End is set for a run at Half Moon Theatre.

The Royal Duchess Superstore, is the creation of Jonny O'Neill, a graduate of the University of East London's playwriting course.

O'Neill, 28, who was born Mark Wingett and lives in Mile End, recently scripted his first EastEnders episode, set to air in September.

His debut full-length play remains rooted in the local area. The Royal Duchess Superstore tells the story of Terry, an east Londoner who returns home after a long prison sentence.

Terry, played by Mark Wingett – known for his long-term role as PC Jim Carver in The Bill struggles to adapt to the changes that have taken place org.uk or on 7709 8900.



around his home, including the demise of his favourite local pub.

Olivier award nominee Wendy Morgan, Avin Shah and Jude Monk McGowen are also among the cast.

The Royal Duchess Superstore is at Half Moon Theatre, White Horse Road, Limehouse from September 9-21.

Tickets at £14/£12 can be booked at www.halfmoon.

What we saw this week...

An occasional column about events in Tower **Hamlets**

Macbeth at Balfron Tower

BY JAMES MARTIN

YOU'LL probably have heard of this by now.

Or, if you live around Balfron Tower in Poplar, perhaps you've heard the show actually taking place around the corridors and staircases of Erno Goldfinger's Brutalist building.

Over the past two months Macbeth, Shakespeare's gory tale of treachery and power, has been adapted into an immersive 12-hour theatre production by Rift .

Ninety punters a night have experienced their Friday and Saturday evening shows where, a shade before 8pm, audience members were whisked up and down the tower to take part in the tragedy.

Rift_swapped the Scottish Highlands for the Eastern Bloc in their adaptation – no doubt to fire the story into more present times.

As a newbie to the immersive performance fad (see Secret Cinema, The Boy Who Climbed

Out of His Face, etc), expectations were, well, non-existent. But this reviewer was spellbound by the show.

That was the case from arrival, where Rift 's considerable staff presence greeted us in character and marched us off to meet the witches in the dimly-lit underground car park.

Through the night, activities included a veggie banquet while the background hum of a rolling news channel kept tabs on the frothing siege developing outside.

The acting, which was very strong from the leads throughout, culminated with the beheading of Macbeth atop the tower late at night.

Although the plot of the show originally said participants would be woken at the crack of dawn for the final rooftop battle scene – the show finished at half past midnight.

Some reviews have taken issue with this as a mis-selling point.

For me, it benefited from this dash of unpredictability and, as more was squashed into a whirlwind four-and-a-half hours, the action never dragged.

Rift_ should also be commended for offering tickets starting at £20.

The company is believed to be uprooting to Shoreditch for its next production. On this evidence, they'll be worth keeping an eye on.

Buskers' ballot

YOUNG musicians from Tower Hamlets are in the mix for the country's biggest street music competition.

Gigs Big Busk, which is organised by the mayor of London, this year received around 1,000 entries from people aged 11-25.

Tower Hamlets representatives include Russell Akbar, Caffe Collective, Aidan Peppin, Louis Rive, Dani Zattara and a folk trio led by Cameron Dou-

Videos of the musicians performing live can be seen at www.gigsbigbusk.com/vote

Voting opens on the website this Monday, August 11, and closes on August 31.



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Enrolment for A levels and BTECs is on Friday 22nd August at: The Wessex Wing, Hadleigh Street, London, E2 0LD

If you have already applied and have the entry requirements please come at 9.00a.m. If not, you may enrol from 12.00 midday.

Make sure that you bring your results, photo ID and a reference (if you have not already applied).



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Eating out, eating in

Taste of Distrito Federal at Truman's hot ticket

BY GORDON BLUE

THIS new venture from the owners of Wahaca has only been open since July 24 but they seem to have effortlessly found their feet, drawn in a crowd and created an established atmosphere.

We arrive at DF/Mexico on a Sunday night and the place is pretty busy, but calmness is offered throughout the service with a jauntiness that lifts the spirits.

The setup is that of a canteen: you order at tills (or if you're brave and New Worldy, you can order at the self-serve machines) and this is reflected in pretty reasonable price points for this level of quality.

The concept is a mash-up between New York and Mexico cities, with inventions such served at exactly the same time (I'm guess-meal with a kick, and made me grateful it as the NYC tortas (Mexican sandwich encased in NY-style brioche bun with pickle).

We had the bad boy (large to you and me) veg burrito combo, which comes with fries and a small portion of punchy homemade guacamole and corn chips, and fish taco. The taco was flavoursome, with red cabbage coleslaw and chipotle mayo, but the fish was on the tepid side.

However, when we mentioned this, the manager fell over herself to be helpful and kind. I was really impressed at the service throughout, particularly the double waitress service, which meant both diners get margherita, which certainly started off my ery, Hanbury Street, E1. Tel: 3617 6639



DF/Mexico is a cutting edge addition to the Truman Brewery scene

ing one was being trained up! This is too wasn't part of the bottomless brigade. pricey an option for all but the most highend restaurants).

an eye on value as they provide bottomless agua frescas, a light non-alcoholic drink, flavoured with hibiscus, horchata (lime and cinnamon with a milky consistency from ground rice) or lime and chia (think poppy seed flavours) infusions. Free refills a nice US spin on our usual miserly London portions!

For dessert, fresh vanilla soft-scoop topped with dulce du leche caramel sauce There's an interesting array of drinks, with and candied peanuts stopped me in my tracks: a perfect balm after some spicy flavours. We were even given a bag of popping candy on the way out which made me feel like we'd been invited to the party!

Two ate and drank well, in cutting edge décor, for a little over £30 total. This is the new hot ticket in our very own Distrito Federal (that's Mexico City to you outsiders!) I, true to form, went for the frozen DF/Mexico is at the Old Truman Brew-

Perfect dish for the big freeze

THIS month's recipe comes from the Love Food Hate Waste website.

Perfect for making ahead, this traditional beef goulash can



be frozen and then simply reheated to serve. If you are only cooking for one or two, then freeze individual portions so you have a tasty meal ready and waiting!

If you have a recipe to suggest using leftovers or tips about reducing the amount of food we throw away, you could win £50 worth of shopping vouchers!

Email your offerings to recycling@towerhamlets.gov.uk

Beef goulash – serves 4

Ingredients

1 tbsp oil 500g pack diced braising steak 1 onion, sliced 1 tbsp paprika

400g can chopped tomatoes 300ml beef stock 200g button mushrooms 170ml carton soured cream

Method

2. Heat the oil in a large frying pan and fry the steak and onion for 5 minutes to brown. Stir in half, until the meat is tender. the paprika and cook for 1 4. Cool slightly before stirring in

stock and bring to the boil. 1. Preheat the oven to 180°C, gas 3. Transfer to a casserole dish, cover and bake for an hour. Stir in the mushrooms cover and

minute. Stir in the tomatoes and the soured cream. Serve with rice.

cook for a further hour and a

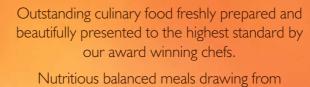
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NHS **Tower Hamlets Clinical Commissioning Group**



General Meeting

Tuesday 2nd Sept 2014

Toynbee Hall, 28 Commercial Street, London E1 6LS

6.00-6.30pm Light refreshments and food 6.30-7.30pm AGM presentation of annual accounts and Q&A

7.30–8.30pm Meet the commissioners and work with us on planning for healthcare in Tower Hamlets in 2015-2016

- Find out what we do and meet
- the people who lead your local NHS Get involved and develop new ideas
- about health services in the borough
- Tell us your priorities and influence decisions

Find out more at www.towerhamletsccg.nhs.uk or call 020 3688 2500



Nearest tube station: Aldgate East Nearest bus stop routes: 15, 25, 115, 40, 42, 67, 78, 100, 253





Award for excellence

Tower Hamlets Homes, which holds monthly drop-in sessions for LGBT residents to discuss housing issues in confidence, has won an award for excellence in equality and diversity.

The pick of the bunch

The HTA's plant of the month focuses on plants that are widely available and look especially good each month.

Property



Mayor Lutfur Rahman in the garden of one of the renovated homes with Cllr Rabina Khan and Cllr Mohammed Mufti Miah

£1.7m brings council homes back into use

BY SUSAN MULLIGAN

THE council has put £1.7 million into refurbising 11 derelict houses to create new family homes for social rent.

The nine three-bedroom houses and two large family homes, which had fallen into disrepair due to the lack of development funds, had been leased to a housing association.

Last year, the council decided to regain possession of the properties and made funding $available\,to\,refurbish\,them\,and$ bring them back as council housing



The homes before work began

which is less than market rate.

Mayor Lutfur Rahman said: "I

They will be let at the coun- our available properties in cil's social target rent levels order to provide housing for our residents.'

Two properties have been will continue to make use of all refurbished and have been let

to families who had been waiting for suitable family accommodation.

Three additional properties are expected to be completed this month and the remaining properties will follow within a year.

The houses have new roofs, windows, kitchens and bathrooms, and have been redecorated throughout.

Cllr Rabina Khan, cabinet member for housing, said: "This is a fantastic project.

"We've brought these properties back into use, to become high-quality councilrun family homes."

Blooms to light up the summer

Plant of the month from the Horticultural **Trades Association**

THE hydrangea is a traditional garden favourite with its big, long lasting summer blooms.

There are two types of flowering hydrangeas – mophead flowers with large round flowerheads resembling pompoms, and lacecap flowers bearing round, flat flowerheads.

Over the winter, hydrangeas will lose their leaves but being Katie Melua loves hydrangeas fully hardy will re-leaf the following year. Flower colour large cone-shaped hydrangea changes depending on soil condition.

They should be planted in a moist area in full sun to partial shade, but are normally very easy to grow and low mainte-

Musician, singer and keen gardener Katie Melua is a big fan of hydrange as and used a lot of the flowers at her wedding.

She said: "Even as a singular flower head, a hydrangea is maiestic to me.

"Flowering from summer all the way through to autumn, at the HTA National Plant Show.



flowers command a lot of attention.

"The variety and richness of colours from white to the deepest purples are another glorious quality of this plant.

"Even when the flower is dying, the textures of the tiny flowers and the large florets, means the colours carrying on."

Hydrangea macrophylla Miss Saori won RHS Chelsea Plant of the Year 2014 and was also awarded gold and best in category in the New Plant Awards

TOWER Hamlets Homes' won a prize at the National **Tenant Participation** Advisory Service awards. Its LGBTea scheme won the Excellence in Equality and Diversity category for the third successive year, It encourages lesbian, gay and bisexual residents to talk to housing officers in confidence about their

housing issues at monthly drop-in sessions held by THH at Positive East in Mile End Road.

THH is planning more drop-in sessions in the future to be run with Rainbow Hamlets. Pictured are Les Warren, Aleksandra Jeruzel, Chris Smith. David Ali and James Caspell.

Nominate your community star

- and the search has begun to find inspirational volunteers who make a difference to their communities.

The awards celebrate local heroes who go the extra mile and the organisers are looking for nominees who have made a difference to a neighbourhood managed by

NOMINATIONS for the fourth Star EastEnd Homes, Gateway, One Housing and environmental award. The last four catin the Community Awards are open Group, Providence Row Housing Association, Spitalfields Housing, Swan Housing, Tower Hamlets Community Housing and Tower Hamlets Homes.

Awards will be given out in five categories: inspirational resident; young people (under-25s only); contribution to resident involvement; bringing people together; star@onehousinggroup.co.uk

egories are open to individuals or groups.

Winners will be judged by a panel of independent judges and announced at a special ceremony in November.

Nomination forms are available from any of the listed housing providers' offices and websites, or by emailing



08/08/14 - 14/08/14 Closing date for Internet and Telephone bids: 14/08/14

Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com UpMyStreet)





















































You can bid for these homes only if you have an active application on the **Tower Hamlets Housing** List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওরার স্থামণেটেস হাউপিং ডাণিকার আপদার একটি সক্রির আবেদন পাকলেই কেবল এসব বাসাগুলোর ছাল্ড আপনি নিলাম ডাকার অংশ নিডে পারকো। ডাকুরেই করে এই বাসাগুলোর কোনটিই দেখতে যাকেন না কারণ এরফালে প্রতিবেশীরা বিরক্ত

ষাদেরকে আমরা বাসা দেরার প্রজ্যেব করি কেবল সেসব লোকেদেরকেই আমরা লোকেদেরকেই আদনা দোগায়াগ করে থাকি। ভাছার নিভিমালার (লেটিং পণিসি) উপর ভিগ্রি করে তথ্যেশিকারের ভিগ্রিড বাসা দেরার প্রজ্ঞাব করা হয়। 020 7364 ... 2826 নম্বৰে অধৰা তন্ত্ৰৰসাইটে এই নীডিমাণার

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nugul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔 橋區政府現時生效 的房屋名單上,你 才可以競投這些房 屋。請切勿到任何這些房屋造訪,因 爲這可能對鄰居造 成滋擾

我們只能聯絡那些 我們可以提供房屋的人士。我們根據 租屋政策按優先次 序提供房屋。欲索 取這份政策,請致 電我們,號碼 020 7364 2826,或瀏覽 網站

Nếu đơn thỉnh cấu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quấ, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cử căn nhà nào vì có thể gấy nên những phiên toái cho hàng xóm.

Chúng tới chỉ có thể liên lạc với những người chúng tới cấp nhà. Quyết định cấp nhà theo thứ tự ứu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ إن گھروں كے كئے صرف أس صورت میں بولی دے سے بین اگر ، مادر ایسانس باؤسٹک ایس اس آب كى ورخواست واجب اورز رغور پ ۔ براو کرم اِن میں سے کی گھرکو ویکھنے کے لئے مت جاہیے "کیونکہ پ ہمسائیوں کے لئے پر بیٹانی کا باعث ہو

ہم صرف اُن لوگوں سے رابطہ کر سکتے ۔ میں جن کوہم گھر کی پینیکش کرتے ہیں۔ پیپینیش کرا بیدواری کی پالیسی کی بنیاد يررجي الحاظ سے ك جاتى ب- ياليسى ک کا پل ہم سے اس نمبر پردابط کے ۆرىيغ دستياب جوسىتى ہے ^{*} 020 7364 2826 يآپ است و يب ما نمث يرطا حظ كريكة

وں ۔

website: www.towerhamlets.gov.uk

Support Charges apply to all Sheltered homes for the Over 60's. This will be covered by Supporting People Subsidy if you are entitled to Housing Benefit or other benefits. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet

'Support Charges in long term Supporting People Services'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & **Neighbourhood Housing Offices**

Key for Accessible Housing Register

some people require a nome that is accessible. These nomes are coded as follows:	
Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
DEasy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
GNot assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding Just log on to www.thhs.org.uk



2. Telephone Bidding Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local payas-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented 6, the PTS was introduced on (and operates housing residents. The criteria for the PTS is as

1. applies to residents moving to 3 bedroom or larger social rented car free homes;

2. only one on-street resident parking permit per household is permitted;

3. you must have held your on-street car parking permit for at least 1 year prior to moving home;

4. your on-street parking permit must be renewed and $\underline{\text{\bf not lapse to remain eligible}}$ under

5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

from) 5 September 2011 by Tower Hamlets Council and is not retrospective.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



EDITH RAMSAY HOUSE, DUCKETT

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not

Eligibility: Min Client Age 60

£168.66, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30403



MANDELA HOUSE, VIRGINIA ROAD, E2

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not

Eligibility: Min Client Age 60

£185.66, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30408



REGENCY COURT, NORMAN GROVE,

Flat • 1 Bed 1 Person • 1st floor • Open plar kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not

Eligibility: Min Client Age 60

£170.92, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30404



CORNWOOD DRIVE, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of Sycars except for these currently balding a 5 years except for those currently holding a Secure or Assured social housing tenancy

Eligibility: Min Client Age 55

£144.62, Weekly - Social Rent Landlord: Swan Housing Association

Property Ref: 30380



STUBBS HOUSE, BONNER STREET,

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility: Min Client Age 50

£112.83, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30383



BEDSIT SELE-CONTAINED ELAT INSLEY HOUSE, BOW ROAD, E3

Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy.

£101.82, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30391



BEDSIT SELF-CONTAINED FLAT BRIMSDOWN HOUSE, DEVAS STREET

E3
Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£100.10, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30414



BEDROOM WINGRAD HOUSE, JUBILEE STREET,

Flat • 1 Bed 2 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •
Pets permitted

£124.30, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30385



Accessible Category G
MAIDSTONE HOUSE, CARMEN
STREET, E14
Flat • 1 Bed 2 Person • 3rd floor • Separate
kitchen • One lift • Entryphone • Separate
Bathroom and W/C • GCH • No garden •
Permit parking • Pets with landlords
permission . One week's advance rent
required at sign up of tenancy

£126.16, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30415



BEDROOM

NEUTRON TOWER, BLACKWALL WAY, F14

E14
Flat • 1 Bed 2 Person • 5th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£155.74, Weekly - Social Rent Landlord: Genesis Housing Association

Property Ref: 30407



GEORGINA GARDENS, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

£110.28, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30397



Accessible Category F
PEABODY BUILDINGS BLOCK B,
CAMBRIDGE CRESCENT, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate
kitchen • No Lift • Entryphone • Separate
Bathroom and W/C • GCH • No garden •
Pets not permitted • Fixed Term. This is a
fixed term tenancy of 5 years with a 12
month probationary tenancy . One week's
advance rent required at sign up of tenancy

£122.01, Weekly - Social Rent Landlord: Peabody

Property Ref: 30406



LEADENHAM COURT, SPANBY ROAD Flat • 1 Bed 2 Person • 1st floor • Separate

kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets

PREFERENCE TO HOUSING MOVES APPLICANTS

£122.77, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30398



TRAHORN CLOSE, E1

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£138.53, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 30386



CHICKSAND HOUSE, CHICKSAND

STREET, E1
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Separate Bathroom and W/C • GCH • No
garden • Pets permitted

£120.04, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30387



2 BEDRO

BURNHAM ESTATE, GLOBE ROAD, E2

Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets permitted

£123.94, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30392



BEDROOMS

MODLING HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£125.58, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30401



BEDRO PALMERS ROAD, E2

Flat • 2 Bed 3 Person • 1st floor • Open plar kitchen • No Lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Car free home • Pets not permitted

£130.72, Weekly - Social Rent Landlord: East Thames Group

Property Ref: 30417



STURDEE HOUSE, HORATIO STREET

E2
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Bathroom with W/C • GCl • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required at sign up of tenancy

£121.96, Weekly - Social Rent Landlord: Peabody

Property Ref: 30418



LALEHAM HOUSE, CAMLET STREET,

LZ Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£122.66, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30399



WARGRAVE HOUSE, NAVARRE

STREE1, E2
Flat • 2 Bed 4 Person • Ground Floor •
Separate kitchen • No Lift • Entryphone •
Bathroom with W/C • GCH • No garden •

£124.88, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30409



APPROACH ROAD, E2

Maisonette • 2 Bed 4 Person • Basement • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted • Stairlift

£139.42, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30384



SIDNEY HOUSE, OLD FORD ROAD, E2

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • Three lifts • Separate Bathroom and W/C • GCH • No garden • Pets

£121.94, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30382



CLEVELAND WAY, E1

Maisonette • 3 Bed 5 Person • Ground Floo • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • and Additional W/C • GCH • Private garden • Pets permitted

£138.86, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30379



ENDEAVOUR HOUSE, CUBA STREET,

E14
Flat • 3 Bed 5 Person • 7th floor • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C and Additional W/C • Electric radiators • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Concierge

£211.49, Weekly - Social Rent Landlord: Genesis Housing Association

Property Ref: 30416



REDROOM CYPRUS STREET, E2

House • 3 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not

£142.50, Weekly - Social Rent Landlord: Southern Housing Group

Property Ref: 30378



SPEAKMAN HOUSE, GIBRALTAR WALK, E2

WALK, EZ
Flat • 3 Bed 6 Person • 1st floor • Separate
kitchen • One lift • Entryphone • Separate
Bathroom and W/C • GCH • No garden •
Beth persitted

£134.26, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30410



FAIRFOOT ROAD, E3

Maisonette • 3 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission · One week's advance rent required at sign up of tenancy

£154.29, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30388

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE REN BACK CHURCH LANE, E1

Flat • 2 Bed 4 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years.

£231.36, Weekly - Affordable Rent Landlord: One Housing Group

Property Ref: 30405



HOUBLON APARTMENTS, TYNE

STREET. E1
Flat • 1 Bed 2 Person • 9th floor • New build
• Open plan kitchen • Two lifts • Entryphone
• Bathroom with W/C • GCH • No garden •
Car free home • Pets not permitted • Fixed
Term. This is a fixed term tenancy of 5

£214.90, Weekly - Affordable Rent Landlord: Network Stadium

Property Ref: 30389



Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Life Time.

£149.77, Weekly - Affordable Rent andlord: Gateway Housing Association

Property Ref: 30411



AFFORDABLE REN LACEY MEWS, LONDON, E3

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£221.04, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30390



ICENI COURT, PARNELL ROAD, E3

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£187.62, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30381



AFFORDABLE RENT ANTILL ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Life Time.

£150.75, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 30413



AFFORDABLE RENT ST STEPHENS ROAD, E3

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years.

£284.00, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30420



AFFORDABLE RENT RANWELL CLOSE, E3

lat • 1 Bed 2 Person • Ground Floor •

£182.87, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30402



MOORHEN HOUSE, OLD FORD ROAD,

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£192.46, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30400



FFORDABLE RENT

CLARE HOUSE, HAWTHORN AVENUE,

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£242.30, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30394



AFFORDABLE REN

CLARE HOUSE, HAWTHORN AVENUE,

E3
Flat • 2 Bed 4 Person • 15th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£242.30, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30393



CLARE HOUSE, HAWTHORN AVENUE,

E3
Flat • 2 Bed 4 Person • 18th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£242.30, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30395



FFORDABLE REN POWLESLAND COURT, WHITE HORSE ROAD, E1

ROAD, E1 Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Life

£247.00, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 30412



Accessible Category F
FELDGATE MANSIONS, BLOCK 13,
ROMFORD STREET, E1
Flat • 1 Bed 2 Person • 3rd floor • Separate
kitchen • No Lift • Entryphone • Bathroom
with W/C • GCH • No garden • very
restricted parking • Pets not permitted •
This is a fixed term tenancy of 5 years with
a 12 month starter tenancy on 0ne month's
rent plus one month's deposit required in
advance at sign up of tenancy along with a
non-refundable admin fee of £130.

£228.00, Weekly - Affordable Rent Landlord: Southern Housing Group

Property Ref: 30419



Internet Bidding Just log on to www.thhs.org.uk



Telephone Bidding Simply call 0845 270 2400

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- ✓ Free Electrical Safety Certificate



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*Terms and conditions apply

Career Opportunities

Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here...





Partnership & Participation Manager

Communities, Localities and Culture Directorate Ref: CLC00616 | Closing date: 17.08.14

£42,681 - £45,360 per annum

Sports Development Manager

Communities, Localities and Culture Directorate Ref: CLC00613 | Closing date: 17.08.14

£40,911 - £43,584 per annum

Children's Social Worker x2

(Royal London Hospital)

£31,464 - £40,911 per annum

Education, Social Care and Wellbeing Directorate Ref: ESW00319 | 1 x permanent and 1 x fixed term contract for up to 12 months Closing date: 17.08.14

Air Quality Assistant

Communities, Localities and Culture Directorate Ref: CLC00610 | Fixed term for 12 months Closing date: 07.09.14

£30,648 - £32,253

per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age







What are you doing these

Summer Holidays

- Are you 16+ years old?
- From Tower Hamlets?
- Looking to improve your skills?

Why not volunteer with us and gain some valuable work experience and develop your own confidence and employability skills.

We will support you into both accredited and non accredited courses and give you a reference when you leave. We will also offer one-to-one support around employability skills and careers guidance.

All costs associated with volunteering will be reimbursed i.e. travel and lunch money.

For more information, please contact Kamrul Islam on 020 7392 2126 or email bfauk@btconnect.com

We are offering flexible part time volunteering opportunities in the following roles:

- General office admin (writing letters, sending emails, updating databases)
- Finance admin (processing invoices, budgets, reconciliation, banking)
- Communication (website updating, Newsletter production)
- Project Co-ordination and delivery
- Football coaching and managing



BANGLADESH FOOTBALL ASSOCIATION (UK)



Experienced Construction Workers are needed for work in Tower Hamlets and London wide.

Skillsmatch are looking for construction workers in all trades to register for job opportunities:

Current vacancies

Ground Workers

- **Steel Fixers**
- **Drylining**
- **Bricklayers**
- Shuttering Carpenters
- **Plant Operators**
- Hoist Drivers
- **Demolition Labourers**



INNOVATION IN JOB BROKERAGE

Skillsmatch offer a free service to candidates and contractors. We also offer a wide range of training opportunities to help Tower Hamlets residents to access employment.



For more information or to register, call the Skillsmatch construction team on 020 7364 4900 or email: constructiondesk@towerhamlets.gov.uk



MAYOR OF TOWER HAMLETS



Hestia is a vibrant, London wide charity that has supported vulnerable adults and children for over 40 years.

Support Assistant Vacancies

We are currently looking for:

FULL TIME SUPPORT ASSISTANTS (39 hours) and

WEEKEND PART TIME SUPPORT ASSISTANTS (27 hours and 20 hours)

in our mental health supported accommodation services in Tower Hamlets.

Salary: £18,048 per annum / pro rata

If we can find a way to make a difference - we will. If you want to make a difference too, why not join us by applying online at: www.hestia.org

Closing Date for Applications – 22nd August 2014

Providence Row Housing Association

Providence Row Housing Association (PRHA) provides social housing, support and specialist services. We work predominantly with single people and families who are in housing need.

Property Services Manager

£31,500 per annum | 40 hours per week | London, E2

We are looking for a self-motivated Property Services Manager who can provide an efficient and customer focused high quality and value for money responsive maintenance service.

Housing Officer

£12,250 per annum | 20 hours per week | London, E2

We are looking for an experienced Housing Officer with the commitment to provide a high standard housing service to join our small team

For further details please visit www.prha.net Closing date: Monday, 18th August 2014.

We value diversity and are committed to fairness and equal opportunities in all our services and for our staff.

HCA No: L0695. Industrial & Provident Society No: 19322R.

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Terri on 7364 4682 Chris on 7364 4994 Fatima on 7364 4623 Sharan on 7364 4061

LONDON BOROUGH OF TOWER HAMLETS' COMMUNITY INFRASTRUCTURE LEVY PUBLIC EXAMINATION – FURTHER INFORMATION REQUESTED BY THE EXAMINER

The Council has prepared further evidence to support the public Examination of its Revised Draft Charging Schedule. This evidence will be available online, for a five week period, at www.towerhamlets.gov.uk/CIL from the 8th August 2014 to the

12th September 2014. **More Information**

For more information contact the Council's Infrastructure Planning team on 020 7364 2343/4778 or by email to: cil@towerhamlets.gov.uk



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DEVELOPMENT NOTICE OF APPLICATION FOR CORPORATION PLANNING PERMISSION

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended) Date of notice: 11-Aug-2014

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 - 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website http://planningregister.londonlegacv.co.uk. Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfitchet Road, London E20 1EJ. Alternatively made be email planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by 31-Aug-2014 Application Reference No: 14/00260/FUL Application Site: 4 Roach Road, Fish Island, London, E3 2PA Description of Proposal: Redevelopment to comprise the demolition of existing buildings and construction of a new building up to 7 storeys (+36m AOD approx.) in height to accommodate 972sqm (GEA) approx. of commercial floorspace (made up of circa 378sqm of use class A3 cafe; 394sqm of use class B1/B2 workspace or use class D2 gallery, and 200sqm of use class B8 basement storage space) and 49 residential units; along with ancillary cycle storage, car parking and landscape works and other associated works. Applicant's name: Constable Homes Limited Application Reference No: 14/00262/FUL Application Site: 60 Dace Road, Fish Island, London, E3 2NQ Description of Proposal: Redevelopment to comprise partial demolition and retention of facades to existing warehouse buildings fronting onto Dace Road with new 2 / 3 storey extensions above, and construction of new buildings, with maximum heights of between 4 and 6 storeys (+27.11m AOD approx.); all to accommodate 1,734sqm (GIA) approx. of commercial floorspace (Use Class A1, A2, A3, A4, A5 and B1) and 46 residential units; with ancillary cycle parking, car parking and landscaping works and other associated works. Application includes partial demolition and construction works in the Fish Island Conservation Area. Applicant's name: Constable Homes Ltd Dated: 11-Aug-2014; Authorised by: Anthony Hollingsworth On Behalf of: London Legacy Development Corporation, Planning Policy and Decisions Team.

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (Waiting and Loading Restrictions) (No.1) Order 2012 (Amendment No.10) Order 2014 No.58 The Tower Hamlets (A5 Parking Places) (No.1) Order 2011 (Amendment No.1) Order 2014 No.59

The Tower Hamlets (A2 Parking Places) (No.1) Order 2011 (Amendment No.2) Order 2014 No.60

The Tower Hamlets (Goods Loading Bays) (No.1) Order 2011(Amendment No.2) Order 2014 No.61

The Tower Hamlets (C1 Parking Places) (No.1) Order 2011 (Amendment No.2) Order 2014 No.62

The Tower Hamlets (D2 Parking Places) (No.1) Order 2011 (Amendment No.4) Order 2014 No.63

The Tower Hamlets (B2 Parking Places) (No.1) Order 2011 (Amendment No.3) Order 2014 No.64

The Tower Hamlets (B3 Parking Places) (No.1) Order 2011 (Amendment No.3) Order 2014 No.65

- 1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 11th August 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- 2. The general effect of the Orders would be to in:
 - a) Old Nichol Street -
 - (Between Chance St and Club Row) To extend the Resident and Business Bays by one Parking Place each.
 - (Outside no.26) To extend the Resident Bay by another four Parking Places in a westerly direction.
 - Boundary Street To convert the Business Bay into a Business and Pay & Display Bay.
 - Redchurch Street To convert the Business Bay into a
 - Hanbury Street (outside no.107) To reduce the Goods Loading Bay and increase the Business and Pay & Display Bay by one Parking Place.
 - Daplyn Street To increase and decrease the Resident Bays at the North and South ends by one Parking Place each respectively.
 - Buckle Street -
 - Revoke the Business Bay and replace with Double Yellow Lines
 - ii) Convert all Single Yellow Line into Double Yellow Lines.
 - Yeo Street -
 - At its junction with Violet Road (both sides) to convert existing Single Yellow Line into Double Yellow Lines with 'At Any Time' No Waiting & Loading Restriction.
 - South side, to convert Single Yellow Line into Double Yellow Lines.
 - h) Violet Road -
 - To change the existing Single Yellow Lines into Double Yellow Lines, North and South of its junction with Yeo Street
 - Introduce 'At Any Time' No Waiting & Loading Restrictions on the East side outside no.55.
 - Hewlett Road (both sides) To convert existing Single Yellow Lines into Double Yellow Lines with 'At Any Time' No Waiting & Loading Restriction at its junction with
 - East Ferry Road (Outside no.197) To reduce the Permit / P&D Bay by one Parking Place and replace with Single Yellow Line.
 - Chrisp Street (Opposite Langdon Park Station) To reduce the Permit Bay by one Parking Place at its Southern point and replace with Single Yellow Line.
 - Carmen Street (Opposite Carron Close) To extend the Resident Bay by four Parking Places in an easterly
 - m) Hamlets Way Permit and Pay & Display Bays
 - Opposite no.28 revoke and replace with Single Yellow Line.
 - Opposite no.34 increase by two Parking Places.
 - iii) Opposite no.29 reduce by one Parking Place.
- 3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- 4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 11th August 2014 JAMIE BLAKE SERVICE HEAD, PUBLIC REALM

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND **CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

The Bow Bunker, 4A Towcester Road, London, E3 3ND PA/14/1746/KFL

Addition of a first storey/part second storey extension above the existing commercial building to provide an enlarged office space and photo studio.

PA/14/1862/GMA 7 Vvner Street, London, E2 9DG

Part change of use of ground floor artists' studio to mixed use artists studio and separate retail unit. Insertion of new front door to create an ancillary retail unit to the artists' studio at the front of the ground floor, so that access to the retail unit can be gained from the pavement.

Old Ford Primary School, Wrights Road, London, E3 5LD PA/14/1558/BMC

Replacement of 6 timber and steel windows with double glazed upvc windows to various parts of the building

Unit TG-02, Block T, 15 Hanbury Street, London PA/14/2063/ADW

Removal of Condition 5 (Use Class A3 element for consumption of food and drink not to exceed 50sqm) of planning permission dated 13th August 2003, reference PA/03/00484.

99 Mile End Road, London, E1 4HU PA/14/1948/LAB

Proposal to replace the current single glazed timber windows with timber double glazed windows of the same fenestration

197 East Ferry Road, London, E14 3BA

Minor material amendment to planning permission dated 25/04/2013, ref: PA/12/03196.

Minor changes to elevational details on front and rear facades

1 Nelson Street, London, E1 2DL

PA/14/1477/KHA

PA/14/1880/IOL

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Change of use of basement from residential (use class C3) to commercial (use class B1- office). Removal of internal stairs from ground to basement, new external door and window to the front elevation of basement, railing to the lighwell and stairs to basement, and a rear single storey extension to the basement. The internal works involves underpinning of basement to increase floor to ceiling height.

8 Hackney Road, London, E2 7NS

PA/14/1748/GMA

Application to vary condition 2 of planning permission Ref - PA/13/02449 - Alterations to the internal layout of the B1 office

1-5 Alfred Street, London

PA/14/01923/SHA

Application for variation of condition 2 to planning permission ref: PA/13/02914, dated 01/05/2014

Amendments consist of:

- · Alteration to lift and cycle store
- Provision of balconies to rear elevation, replacing fire escape stairs
- Alterations to fenestration on rear elevation

PA/14/1690/LAB York Hall Leisure Centre, Old Ford Road, London, E2 9PL

Convert vacant basement space into a treatment room for Spa London

35 Woodseer Street, London

PA/14/548/MCH Conversion of Ground Floor from existing (B1) offices into 2 no.2 bed flats

5 Corbridge Crescent, London

PA/14/961/PLA

Erection of a further storey at 2nd floor level consisting of 15 reconditioned shipping containers to increase the existing temporary development to three storeys.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

10 Cardigan Road, London, E3 5HU

PA/14/2007/KFL

Two storey rear extension and internal remodelling.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG, The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 11th August 2014

OWEN WHALLEY

Head of Planning and Building Control



It could affect YOU!

You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the construction of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

TAKE NOTICE OF **PUBLIC NOTICES**

To place your Public Notice in East End Life, call...

> Terri on 7364 4682 **Chris on** 7364 4994 **Fatima on** 7364 4623 **Sharan on** 7364 4061

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

6-8 Alie Street, London, E1 8DD

PA/14/1720/MCH

Application for removal of condition's 4 (Car parking to be maintained), 6 (Atrium to be permanently maintained) and 8 (servicing) of Planning Permission TH/10260/20433/KS/VH.

197 East Ferry Road, London, E14 3BA

PA/14/1880/IOL

Minor material amendment to planning permission dated 25/04/2013, ref: PA/12/03196.

Amendments sought:

Minor changes to elevational details on front and rear facades

Heron Quays West, Heron Quay, London, E14 (10 Bank Street)

PA/14/1664/JT

Submission of reserved matters pursuant to Appearance, Means of Access, Landscaping, Layout, and Scale under condition no. 1 of outline planning permission dated 06/11/2013, ref: PA/13/01150.

2 Trafalgar Way, London, E14 5SP

PA/14/1771/JT

Application for minor-material amendment of planning permission PA/08/01321 dated 10/11/2009. The amendments consist of an increase in the height of building A (by 3.9m) and building B (by 5.1m), removal of building C, alterations to the housing mix and layouts, reduction in the number of residential units from 414 to 392, alterations to the facades of the buildings, increase in the size of the basement and the removal of the off-site affordable housing provision.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 11th August 2014

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

PUBLIC NOTICE

LONDON BOROUGH OF TOWER HAMLETS

SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Arturs Natarovs has applied to the London Borough of Tower Hamlets for massage, ear/cosmetic piercing, chiropody, manicure, tattooing, acupuncture, light or other special

Licence(s) for the premises

House of Hair, 7 Bell Lane, London E1 7LA

Anyone wishing to oppose the application must give notice in writing to the Environmental Health Commercial Team, Mulberry Place (AH), Box 55739, 5 Clove Crescent, London E14 1BY, WITHIN THREE WEEKS specifying the grounds of opposition

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC –
CANNON STREET ROAD

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Cannon Street Road between its junction with Commercial Road

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Commhoist Logistics Limited.

and its junction with Sly Street.

The alternative route for vehicular traffic will be via Cannon Street Road, Sly Street, Rampart Street and Commercial Road and vice versa.

The restriction on vehicular traffic will operate on Saturday 16th August 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regard-

ing the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerh amlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SEC-TION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC AND TEMPORARY SUSPENSION OF LEFT & RIGHT TURNS – PLUMBERS ROW E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Plumber Row (in the southbound direction only) between its junction Whitechapel Road and its junction with Fieldgate Street. Vehicles will also be banned from turning right or left into Plumbers Row from its junction with Whitechapel Road.

The restrictions on vehicular traffic will enable essential gas works to be carried out on the public highway by National Grid Gas (tRIIO).

The alternative route for vehicular traffic will be via Whitechapel Road, New Road and Fieldgate

The restriction on vehicular traffic will operate from Monday 1st September 2014 to Saturday 20th September 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email mick.jameson@tower hamlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SEC-TION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC –
GOWERS WALK E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Gowers Walk for a distance of approximately 30 metres between its junction with Hooper Street and its junction with Commercial Road.

The restriction on vehicular traffic will enable the essential works to be carried out on the public highway by Berkeley Homes.

The alternative routes for vehicular traffic will be via Hooper Street, Back Church Lane and Commercial Road and vice versa.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Gowers Walk to a point approximately 30 metres, south, from its junction with Commercial Road will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 18th August 2014 to Friday 22nd August 2014, and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@tower hamlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SEC-TION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WEST ARBOUR STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in West Arbour Street between its junction with Aylward Street and its junction with Commercial Road.

The restriction on vehicular traffic will enable the essential Carriageway resurfacing and repair works to be carried out on the public highway by LBTH.

The alternative routes for vehicular traffic will be via Aylward Street, East Arbour Street and Commercial Road or Aylward Street, Jamaica Street, Stepney Way, Jubilee Street and Commercial Road.

The restriction on vehicular traffic will operate from Monday 1st September 2014 to Friday 5th September 2014, and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Nasser Zanitchkhah, Street Scene Engineer, Improvement Works Group, Transport and Highways on 020 7364 6812 or email, nasser.zanitchkhah@tower hamlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SEC-TION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OLD CASTLE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Old Castle Street between its junction with Pomell Way and its junction with Wentworth Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Nationwide Traffic Solution Limited.

The alternative route for vehicular traffic will be via Pomell Way, Commercial Street and Wentworth Street and vice versa.

The restriction on vehicular traffic will operate for two weekends on the following dates and at times when temporary traffic signs and cones are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002:

- Saturday 6th September 2014 from 08:00 hours until 18:00 hours;
- Saturday 20th September 2014 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@tower hamlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA-TION ACT 1984 - SEC-TION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WHITES ROW E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Whites Row between its junction with Commercial Street and its junction with Toynbee Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by City Lifting Limited.

The alternative routes vehicular traffic will be via Commercial Street, Brushfield Street, Chrispin Street, Bell Lane and Brune Street.

Local access into the car park entrance and car park exit in White's Row will be maintained.

The restriction on vehicular traffic will operate on Thursday 14th August 2014 and Friday 15th August 2014 and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@tower hamlets.gov.uk

Dated: 11th August 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG



Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Outdoor adventures

To find out more about sporting opportunities and free activities in the borough's parks visit...

WWW.TOWERHAMLETS.GOV.UI



I'll come good in the Commonwealths

"I'm not sure what's next for me. I'll probably just train for the European Junior Championships and I think I can definitely get a medal at the Commonwealth Games in the future though."

Sport

Phillips bounces back to big time competition

BY PERTER FAULKNER

PHILLIPS Idowu, having failed to strike triple jump gold at the Commonwealth Games in Glasgow, gets another chance to be a winner in Zurich, Switzerland, this week when he challenges for the European crown.

At least he has an opportunity to shine again – along with several other east Londoners – and give an idea of his potential for Rio 2016, even though age and time may be against him.

Idowu, who finished a disappointing fifth in Glasgow, was having his first taste of the competitive arena following his injury-hit 2012 London Olympics and subsequent withdrawal from the Games.

With the competitiveness of the Commonwealth Games under his belt Idowij the one time Raine's Foundation School pupil, hopes his fitness and technique will improve and enable him to achieve in signs of being great again. Switzerland what he was unable to achieve on home ground.

He was chosen because he was our most in-form triple jumper despite the fact that he had been through a couple of turbulent years.

The opposition will be a lot tougher this time around and



Phillips Idowu should be in better shape for the European Championships

so far Idowu is not showing

The European event will also see new sprint star Adam Gemili chasing glory – this time in the 200m not the 100m where he won silver in Glasgow – while his fellow University of East London student. Bianca Williams. also switches to the 200m.

Gemili finished the Games

with a second silver in the men's 4x100m relay, not bad for someone who was playing football for Dagenham & Redbridge just two years ago.

Admittedly Usain Bolt and Johan Blake were missing, as was suspended Asafa Powell, but Gemili showed he has the $talent\,to\,mix\,with\,the\,big\,guns.$

Christine Ohuruogu came

away with a bronze from the women's 4x400m relay and is heading to the Euros.

As for Williams, it may be too early to expect her to come back with a medal, but a personal best time could indicate she is on the right track for Rio.

She finished third in the 200m in Glasgow and won a bronze in the 4x100 relay.



WITH the Commonwealth Games in Glasgow proving a blistering success - now is a great time to be inspired to get fit at a new outdoor gym. The council has installed a five-piece gym set in Leven Road for residents to get active in the great outdoors for free.

The equipment consists of a treadmill, cross trainer, chest press, leg press and spinning bike providing an accessible resource for residents while widening usage of parks. Cllr Ohid Ahmed has been campaigning for improvements to Leven Road and is pictured trying out the new equipment for himself. "I am thrilled the outdoor gym is complete and we have already had some positive feedback as people are raring to use the equipment," he said.

To find out more about sporting opportunities and free activities in parks visit www.towerhamlets.gov.uk

Enter the Rat Race

Challenge

ARE you ready to swim, wade, crawl, climb, jump, splash and run your way around an aquatic obstacle course - and have a whole lot of fun en route?

Brought to you by Rat Race, the people behind the legendary Men's Health Survival of the Fittest urban assault courses, this is your chance to join hundreds of racers at the ExCel centre for this wet 'n' wild 10km running course around Docklands. linking together many special

water and shore based activities.

You can do it solo, or form a team, but all you need to take part is a pair of trainers and a sense of adventure.

And you will be raising money to fight homelessness, as every entry includes a £10 donation to Shelter.

The physical demands of a race fall into three main categories: The Run, about 10km from start to finish; The River, a short swim, a wade or a leap of faith; The Ruff'n' Tumble with challenges along the route to break up the distance.

Mercy weighs up Euro challenge

WEIGHTLIFTER Mercy Brown has targeted the European Junior Championships in Eskilstuna, Sweden, next summer as her next serious medal challenge.

The Tower Hamlets teenager is a certain starter for the championships and she is keen to make up for the disappointment of not getting on the podium at last week's Commonwealth Games in Glasgow. Brown, the reigning European under-17 bronze medallist, finished fourth overall after lifting a total weight of 203 kilos,

conceding the bronze medal to Fiji's Apolonia Vaivai by six kilos in the 75kg

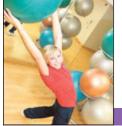
Had she not failed her first two attempts at lifting 112 kilos in the clean and jerk – the same weight Vaivai lifted at the first attempt – she would have gone into a bronze medal battle with the Fijian.

But Mercy is confident she can bounce back from her Glasgow disappointment and hopes she can win a medal in Sweden next year. She also wants to be a Commonwealth Games medallist in Australia in 2018.

The Rio Olympics in 2016 remain a possibility, with the 2020 Games in Japan perhaps a more realistic target.

"I'm feeling upset about finishing fourth even though the crowd were behind me," she said. "But I just focused myself to get the make the final lift because I found that it was a bit too loud on the first two.

"I'm not sure what's next for me. I'll probably just train for the European Junior Championships and I think I can definitely get a medal at the Commonwealth Games in the future though."



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre (details on page 26) or visit...

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Gruelling trial for legal eagles

Continued from page 36

The centre has been training magistrates from Thames and other London courts as well as a year 9 girls team from Bishop Challoner School, two level 2 rowing coaches – Paul Kelly and Will Tytler – and their own Shadwell girls team.

The members of the bench who will be taking part, led by magistrates Matt Preston and Mandy Lamplough, include Steve Lawrence, David Martin, Greg Cook, Joanne Buffoni, Patrick Kong, Puja Nayar, Jonathan Khan, Marianne Ashworth and Geoff Bayliss.

The course begins at Millwall Dock and takes in just over 21 miles of river before reaching much support as we can so a lit-



The Bishop Challoner team take to the water

And the members of the bench are universal in saying: tle suffering is well worth it."

From its debut in 1988, the Great River Race has firmly es-"We want to give the centre as tablished itself in the sporting calendar to such an extent that experienced crews describe it as

a classic event and the one they all want to win.

With entries now well over 300 craft and 2,400 competitors, the race has become the biggest event of its kind in Europe attracting crews from America, Canada, Croatia, Holland, Italy, Sweden, France, Germany, Ireland and the Channel Islands, as well as all over the UK

The race began in 1988 with 72 entrants choosing more than 20 boat types representing six countries. Vessels that have taken part include an Hawaiian outrigger war canoe, Viking longboat, Norwegian scow, Canadian C-8 canoe, Chinese dragonboat, and numerous Cornish pilot and gigs, skiffs and

Sport in brief **UEL** is cashing in on sport

STUDENTS at the University of East London have more chances to play sport thanks to £226,500 of National Lottery funding from Sport England's University Sport Activation Fund.

The My UEL Sports initiative will see the university revamp its sporting activities after consulting more than 1,000 students on what would make them play more sport on a regular basis.

Sessions will encourage students, such as societies and year groups, to participate in sport through casual, coached and competitive options.

Traditional sports, including basketball, football and badminton, will be delivered as well as handball, dodgeball and wheelchair basketball.

The university, where sports scholar and Commonwealth Games silver-medallist Adam Gemili studies, has a new £21 million sports facility and hosted the US basketball team in 2012.

Play handball at the Copperbox

LONDON GD Handball Club, reigning English champions, are always looking for new members and sponsors.

They were founded in 1976 as Great Dane Handball Club and are one of the UK's oldest and most successful outfits.

The men and women's teams have won both the English League and British Cup several times and they have also competed in European cup competitions.

They play home matches at the Copper Box Arena and if you want to join, watch or just sponsor the team, email info@London GD handball.co.uk

Find out more at www. londongdhandball.co.uk

Are your team up for the cup?

THE AFA County Youth Cup is one of the most prestigious tournaments in the football calendar and attracts top young teams from across the country.

Invitations are now being invited for clubs who want to

take part in the forthcoming season's cup competition.

If you want to enter a team in the County Youth Cups, contact the AFA on 8733 2613 or email info@amateur fa.com

Plenty for free at **Aquatics Centre**

FOR the first time since the London 2012 Paralympic Games, international swimmers will once again compete in the London Aquatics Centre.

This major sporting event, being held as part of National Paralympic Day, returns to Queen Elizabeth Olympic Park on Saturday, August 30.

And there will be plenty of free, family-friendly activities and entertainment taking place.

This includes the chance to try out different disability and inclusive sports such as wheelchair basketball, inclusive cycling, tennis and boccia.

Representatives from community groups and disability sports project Motivate East will be on hand to provide advice about opportunities to take up sports or get involved in the area.

There will even be the chance to meet some of the stars of London 2012.

Teams wanted for ladies' league

THE Greater London Women's Football League is seeking adult teams (aged 16 plus) who are interested in playing regular competitive football.

The league, which has been operating for ten years, already has 55 affiliated women's teams playing across six divisions every week from September for divisional championships, league cups, county cups and the FA Women's Cup.

Mile End side KIKK United have teams are in the premier division and Division 3, and Tower Hamlets FC are in Division 2 and Division 3.

Any new clubs setting up a team or existing clubs forming new female teams who would like to be part of the 2014-15 season should contact the Greater London Women's League at glwfl.gensec@gmail.com

Club urges youngsters to give hockey a shot

BY PETER FAULKNER

THE Olympic Games of 2012 inspired a nation to take up sport - and hockey was a discipline that captured the imagination.

Now East London Hockey Club are trying to attract more under-16s to the sport and is starting Sunday morning sessions on the Mile End Stadium AstroTurf in Burdett Road.

The sessions, between 10-11.30am from September 1, are for children and teenagers of all abilities, whether they have never picked up a hockey stick or have played for school or another club.

"We think it's vital that children and young people get involved in an Olympic sport and the club is now working towards its first accreditation," said a club spokesman.

"Hockey is a great game, and if you've never played it, you should give it a shot.

"Youth training is free for girls and boys up to the age of 18. It's a great way to have fun, get fit, make friends and learn to work

"We'll be looking to start taking part in youth competitions as soon as we can.

"For those that already play hockey, they might even be able to turn out for one of our adult sides on Saturdays.



East London Hockey Club take to the AstroTurf

terested young players, even if they've never picked up a stick before."

Get in touch with Dan Collis, the club's youth development officer, at youth@ elhockey.co.uk

The under-16s training sessions will run every Sunday until December, but anyone turning up for the first time should get there 15 minutes early to register.

A parent or guardian must accompany the child/children on their first session.

"We are very keen to hear from any in- THE new Lee Valley Hockey and Tennis Centre in the Olympic Park will host the **EuroHockey Championships in August** 2015. The contest is the pinnacle of the European game and follows the success of England Hockey's first event at the multi-million pound centre. The championships features the top eight women's and top eight men's teams. It begins with England's men and concludes with the women's final. Visit eurohockey2015.co.uk



Get out, get fit!

The council installs an outdoor gym in Poplar for residents to get active.

SEE PAGE 34



London's marathon on water

This year's Great River Race is on Saturday, September 27. Known as London's river marathon, the spectacular attracts over 300 crews from all over the globe and appeals to every level of competitor.

WWW.GREATRIVERRACE.CO.UK



Magistrates in the dock

Legal eagles to take part in Great River Race in aid of Shadwell activity centre



Bishop Challoner are new kids on the dock

BY PETER FAULKNER

MAGISTRATES from Thames Court are used to handing out punishment - now it's their turn to go

Twenty JPs, court staff and youth offending team members are planning to compete in the gruelling Great River Race on September 27, an event they call London's river marathon.

The courageous group have several members who have never set foot in a rowing boat before, but they are all willing to give it a try to raise money for the Shadwell Basin Outdoor Activity Centre in Glamis Road, Shadwell.

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Continued on page 35



Magistrates get in training for the Great River Race



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